

## Hydration–0602

**Definition:** Adequate water in the intracellular and extracellular compartments of the body

OUTCOME TARGET RATING:      Maintain at \_\_\_\_\_ Increase to \_\_\_\_\_

	Severely Compromised	Substantially Compromised	Moderately Compromised	Mildly Compromised	Not Compromised		
OUTCOME OVERALL RATING	1	2	3	4	5		
Indicators:							
060228	Body weight fluctuations	1	2	3	4	5	NA
060229	Sensation of thirst	1	2	3	4	5	NA
060201	Skin turgor	1	2	3	4	5	NA
060230	Skin moisture	1	2	3	4	5	NA
060202	Moist mucous membranes	1	2	3	4	5	NA
060231	Perspiration with exercise	1	2	3	4	5	NA
060215	Fluid intake in recommended levels	1	2	3	4	5	NA
060211	Urine output 5 to 8 times per day	1	2	3	4	5	NA
060232	Urine osmolality	1	2	3	4	5	NA
060233	Urine specific gravity	1	2	3	4	5	NA
060234	Urine color	1	2	3	4	5	NA
060216	Serum sodium	1	2	3	4	5	NA
060235	Serum osmolality	1	2	3	4	5	NA
060236	Vital signs	1	2	3	4	5	NA
060217	Tissue perfusion	1	2	3	4	5	NA
060218	Cognitive function	1	2	3	4	5	NA

*Domain-Health Knowledge & Behavior (IV)*

*Class-Health Behavior (Q)*

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### OUTCOME CONTENT REFERENCES:

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