

Lisa S. Segre, PhD
Curriculum Vitae for Administrative Review *
Academic Year 2020-2021
10-7-21¹

Office Address: College of Nursing, University of Iowa
50 Newton Road
356 CNB
Iowa City, IA 52242
Office (319) 335-7079 Fax (319) 353-5326
lisa-segre@uiowa.edu

EDUCATION

University of Illinois-Urbana Champaign	PhD	1993
University of Maryland Baltimore County	MA	1981
Mount Holyoke College, South Hadley, MA.	BA	1979

PROFESSIONAL EXPERIENCE

2021-present Professor, College of Nursing, University of Iowa, Iowa City, IA

2014 - 2021 Associate Professor, College of Nursing, University of Iowa, Iowa City, IA

2008 - 2014 Assistant Professor, College of Nursing, University of Iowa, Iowa City, IA

1998 - 2008 Adjunct Assistant Professor, Psychology Department, University of Iowa, Iowa City, IA

1998 - 1999 Lecturer, Department of Psychology, Cornell College, Mount Vernon, IA

1990 - 1994 Lecturer, Department of Psychology, Ithaca College, Ithaca, NY

1987 - 1988 Predoctoral Clinical Intern, Department of Psychology, Syracuse Health Sciences Center Syracuse, NY

1985 - 1986 Teaching Assistant, Department of Psychology, University of Illinois, Urbana-Champaign, IL

HONORS AND AWARDS

2021-2023 Distinguished Scholar in Nursing Science, College of Nursing, University of Iowa

2021 President and Provost Award for Teaching Excellence, University of Iowa

2021 Professional Service Award, College of Nursing, University of Iowa

¹ * Accomplishment/activities for the past academic year are highlighted in yellow.

- 2007 - 2019 Thank-a-teacher, Center for Teaching, University of Iowa
- 2019 Distinguished Achievement in Publicly Engaged Research, Office of Vice President for Research, University of Iowa
- 2017 Collegiate Teaching Award, College of Nursing, University of Iowa
- 2016 Summer Research Opportunities Program (SROP) Mentoring Award, Graduate College, University of Iowa
- 2016 Research and Clinical Partnership Award, Recognition of the impact Office of Nursing Research and Scholarship, College of Nursing, University of Iowa (with Ann Rhodes)
- 2011 Research and Clinical Partnership Award, College of Nursing, University of Iowa (with Rebecca Chuffo Davila)
- 2009 Recognizing Academic Excellent, University Housing, University of Iowa
- 1985 - 1987 APA Minority Fellowship Program, American Psychological Association
- 1981 - 1984 CIC Minority Fellowship Program, Committee on Institutional Cooperation

SCHOLARSHIP

Peer Reviewed Journal Publications (* denotes data-based paper; senior author is bold; current or former student and faculty mentees are italicized)

1. *Cuijpers et al (in press.) Franco, P.V. Miguel, C., Quero Casetellano, S., Karyotaki, E. Segre, L. S. Psychological treatments of perinatal depression: A meta-analysis. *Psychological Medicine*
2. **Segre, L.S.** (2021). The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care, *Archives of Women's Mental Health*, doi: 10.1007/s00737-021-01168-7.
3. **Vignato, J.*, Beck, C., Conley, V., Inman, M., Patsais, M., **Segre, L.** (2021). The Lived Experience of Pain and Depression Symptoms during Pregnancy. *The American Journal of Maternal Child Nursing*, 46, 198-204. doi: 10.1097/NMC.0000000000000724
4. **Segre, L.S.**, Mehner, B.T., & *Brock, R.L.* (2021). Perceived racial discrimination and depressed mood in perinatal women: An extension of the Domain Specific Stress Index. *Women's Health Issues*, 31, 254-262. doi: 10.1016/j.whi.2020.12.008
5. **McCabe, J.*, Wickberg, B. Deberg, J., Chuffo Davila, R., & **Segre, L.S.** (2021). Listening Visits for maternal depression: A meta-analysis. *Archives of Women's Mental Health*, 24, 595-603. doi: 10.1007/s00737-020-01101-4
6. **Vignato, J.* Perkhounkova, Y. Saeidzadeh, S., Patsais, M., Inman, M. McCarthy, A-M., &

- Segre, L.S.** (2021). Pathways from pain to physical and mental health-related quality of life during the third trimester of pregnancy: an exploratory mediation analysis. *Journal of Clinical Nursing*, 30, 1372-1382. doi: 10.1111/jocn.15686
7. *Vignato, J.; Perkhounkova, Y., McCarthy, A-M., & **Segre, L.S.** (2020). Pain and depression symptoms during the third trimester of pregnancy. *MCN, The American Journal of Maternal Child Nursing*, 45, 351-356. doi: 10.1097/NMC.0000000000000657
 8. *Scheiber, F.A., **Segre, L.S.**, O'Hara, M.W., Taylor, D. & Brock, R.L. (2020), Maternal depression and breastfeeding in home visitation. *Children and Youth Services Review*, 119. doi: 10.1016/j.chilyouth.2020.105490
 9. *Vignato, J., Landau, E., Duffecy, J., O'Hara, M. W., & **Segre, L. S.** 2019. Using mobile health applications for the rapid recruitment of perinatal women. *Archives of Women's Mental Health*. 22, 305-308. doi: 10.1007/s00737-018-0894-2
 10. *Stasik-O'Brien, S. M., McCabe-Beane, J. E., & **Segre, L. S.** 2019. Using the EPDS to identify anxiety in mothers of infants on the neonatal intensive care unit. *Clinical Nursing Research*. 28, 473-487. doi: 10.1177/1054773817740532
 11. *St. Marie, B. J., Coleman, L., Vignato, J., Arndt, S., & **Segre, L.S.** 2019. Use and misuse of opioid pain medications by pregnant and nonpregnant women. *Pain Management Nursing*. doi: /10.1016/j.pmn.2019.05.002
 12. Chuffo Davila, R., & **Segre, L.S.** 2018. A nurse-based model of psychosocial support for emotionally distressed mothers of newborns in the NICU. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*. 47(1), 114-121. doi: 10.1016/j.jogn.2016.12.007
 13. *McCabe-Beane, J. E., Stasik-O'Brien, S. M., & **Segre, L. S.** 2018. Anxiety screening during assessment of emotional distress in mothers of hospitalized newborns. *Journal of Obstetric, Gynecologic and Neonatal Nursing*. 47(1), 105-113. doi: 10.1016/j.jogn.2017.01.013
 14. ***Segre, L. S.**, Trusty, S., Gullickson, R., Chuffo Davila, R., & O'Hara, M. W. 2018. Brokering the evidence-practice gap: A strategy for moving evidence into clinical practice. *Psychiatric Services*. 69(8), 852-854. doi: 10.1176/appi.ps.201700416
 15. Terrazas, C., **Segre, L. S.** & Wolfe, C. 2018. Moving beyond depression screening: Integrating perinatal depression treatment into OB-GYN practices. *Primary Health Care Research*. doi: 10.1017/S1463423618000099
 16. *Brock, R. L., O'Hara, M. W., & **Segre, L. S.** 2017. Depression treatment by non-mental-health providers: Incremental evidence for the effectiveness of Listening Visits. *American Journal of Community Psychology*. 59(1-2), 172-183. doi: 10.1002/ajcp.12129
 17. *Orengo-Aguayo, R. E., & **Segre, L. S.** 2016. Depression treatment delivered at the point-of-care: A qualitative assessment of the views of low-income, US mothers. *Journal of Reproductive and Infant Psychology*. 34(1), 35-48. doi: 10.1080/02646838.2015.1101753

18. *Spinelli, M. G., Endicott, J., Goetz, R. R., & **Segre, L. S.** 2016. Re-analysis of efficacy of Interpersonal Psychotherapy for antepartum depression versus parenting education program: Initial severity of depression as a predictor of treatment outcome. *The Journal of Clinical Psychiatry*. 77(4), 535-540. doi: 10.4088/JCP.15m09787
19. *McCabe-Beane, J. E., **Segre, L. S.**, Perkhounkova, Y., Stuart, S., & O'Hara, M. W. 2016. The identification of severity ranges for the Edinburgh Postnatal Depression Scale. *Journal of Reproductive and Infant Psychology*. 34(3), 293-303. doi: 10.1080/02646838.2016.1141346
20. ***Segre, L. S.**, Orengo-Aguayo, R. E., & Chuffo-Siewert, R. 2015. Depression management by NICU nurses: Mothers' views. *Clinical Nursing Research*. 25(3), 273-290. doi: 10.1177/1054773815592596
21. ***Segre, L. S.**, Brock, R. L., & O'Hara, M. W. 2015. Depression treatment for impoverished mothers by point-of-care providers: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*. 83(2), 314-324. doi: 10.1037/a0038495
22. Chuffo-Siewert, R., Cline, M., & **Segre, L. S.** 2015. Implementation of an innovative nurse-delivered depression intervention for mothers of NICU infants. *Advances in Neonatal Care*. 15(2), 104-111. doi: 10.1097/anc.0000000000000146
23. Hall, S. L., Cross, J., Selix, N. G., Patterson, C., **Segre, L.**, Chuffo-Siewert, R., Geller, P.A. Martin, M. L. 2015. Recommendations for enhancing psychosocial support of NICU parents through staff education and support. *Journal of Perinatology*. 35(S1), S29-S36. doi: 10.1038/jp.2015.147
24. Hynan, M. T., Steinberg, Z., Baker, L., Cicco, R., Geller, P. A., Lassen, S., Milford, C., Mounts, K.O., Patterson, C., Saxton, S., **Segre, L.**, & Stuebe, A. 2015. Recommendations for mental health professionals in the NICU. *Journal of Perinatology*. 35 Suppl 1, S14-S18. doi: 10.1038/jp.2015.144
25. ***Segre, L. S.**, McCabe, J. E., Chuffo-Siewert, R., & O'Hara, M. W. 2014. Depression and anxiety symptoms in mothers of newborns hospitalized on the neonatal intensive care unit. *Nursing Research*. 63(5), 320-332. doi: 10.1097/nnr.0000000000000039
26. ***Segre, L. S.**, Pollack, L. O., Brock, R. L., Andrew, J. R., & O'Hara, M. W. 2014. Depression screening on a maternity unit: A mixed-methods evaluation of nurses' views and implementation strategies. *Issues in Mental Health Nursing*. 35, 444-454. doi: 10.3109/01612840.2013.879358
27. *Moran, T. E., Polanin, J. R., **Segre, L. S.**, & Wenzel, A. 2014. The postpartum worry scale - Revised: Continuing validation with a sample of NICU mothers. *Archives of Women's Mental Health*. 18(2), 221-228. doi: 10.1007/s00737-014-0452-5. doi: 10.1007/s00737-014-0452-5
28. **Segre, L. S.**, & Taylor, D. 2014. Implementing universal maternal depression screening in home visiting programs: A pragmatic overview. *Zero to Three*. May 12-19
29. ***Segre, L. S.**, Chuffo-Siewert, R., Brock, R. L., & O'Hara, M. W. 2013. Emotional distress in

- mothers of preterm hospitalized infants: A feasibility trial of nurse-delivered treatment. *Journal of Perinatology*. 33(12), 924-928. doi: 10.1038/jp.2013.93
30. ***Segre, L. S.**, O'Hara, M. W., & Fisher, S. D. 2013. Perinatal depression screening in Healthy Start: An evaluation of the acceptability of technical assistance consultation. *Community Mental Health Journal*. 49(4), 407-411. doi: 10.1007/s10597-012-9508-z
 31. Rhodes, A. M., & **Segre, L. S.** 2013. Perinatal depression: a review of US legislation and law. *Archives of Women's Mental Health*. 16(4), 259-270. doi: 10.1007/s00737-013-0359-6
 32. ***Segre, L. S.**, McCabe, J. E., Stasik, S. M., O'Hara, M. W., & Arndt, S. 2012. Implementation of an evidence-based depression treatment into social service settings: The relative importance of acceptability and contextual factors. *Administration and Policy in Mental Health and Mental Health Services Research*. 39(3), 180-6. doi: 10.1007/s10488-011-0345-0
 33. ***Segre, L. S.**, O'Hara, M. W., Brock, R. L., & Taylor, D. 2012. Depression screening of perinatal women by the Des Moines Healthy Start Project: Program description and evaluation. *Psychiatric Services*. 63(3), 250-5. doi: 10.1176/appi.ps.201100247
 34. ***Segre, L. S.**, Brock, R. L., O'Hara, M. W., Gorman, L. L., & Engeldinger, J. 2011. Disseminating perinatal depression screening as a public health initiative: A train-the-trainer approach. *Maternal and Child Health Journal*. 15(6), 814-821. doi: 10.1007/s10995-010-0644-1
 35. **Segre, L. S.**, Buckwalter, K. C., & Friedemann, M.-L. 2011. Strategies to engage clinical staff in subject recruitment. *Journal of Research in Nursing*. 16(4), 321-332. doi: 10.1177/1744987110387475
 36. *Pollack, L. O., **Segre, L. S.**, O'Hara, M. W., & Stuart, S. 2011. Postpartum depression: The distribution of severity in a community sample. *Archives of Women's Mental Health*. 14(4), 363-364. doi: 10.1007/s00737-011-0228-0
 37. ***Segre, L. S.**, O'Hara, M. W., Arndt, S., & Beck, C. T. 2010. Nursing care for postpartum depression, Part 1: Do nurses think they should offer both screening and counseling? *MCN. The American Journal of Maternal Child Nursing*. 35(4), 220-225. doi: 10.1097/NMC.0b013e3181dd9d81
 38. *Arndt, S., Vélez, M. B., **Segre, L. S.**, & Clayton, R. 2010. Remission from substance dependence in U.S. Whites, African Americans, and Latinos. *Journal of Ethnicity in Substance Abuse*. 9(4), 237-48. doi: 10.1080/15332640.2010.522889
 39. ***Segre, L. S.**, O'Hara, M. W., Arndt, S., & Beck, C. T. 2010. Screening and counseling for postpartum depression by nurses: The women's views. *MCN. The American Journal of Maternal Child Nursing*. 35(5), 280-285. doi: 10.1097/NMC.0b013e3181e62679
 40. ***Segre, L. S.**, Stasik, S. M., O'Hara, M. W., & Arndt, S. 2010. Listening Visits: An evaluation of the effectiveness and acceptability of a home-based depression treatment. *Psychotherapy Research*. 20(6), 712-721. doi: 10.1080/10503307.2010.518636

41. ***Segre, L. S.**, O'Hara, M. W., Arndt, S., & Stuart, S. 2007. The prevalence of postpartum depression: The relative significance of three social status indices. *Social Psychiatry and Psychiatric Epidemiology*. 42(4), 316-21. doi: 10.1007/s00127-007-0168-1
42. ***Segre, L. S.**, Losch, M. E., & O'Hara, M. W. 2006. Race/ethnicity and perinatal depressed mood. *Journal of Reproductive and Infant Psychology*. 24(2), 99-106. doi: 10.1080/02646830600643908
43. *Nylen, K. J.*, **Segre, L. S.**, & O'Hara, M. W. 2005. Public health implications of postpartum depression. *Psychiatric Annals*. 35(7), 599-609. doi: 10.3928/0048-5713-20050701-18
44. **Segre, L. S.**, Stuart, S., & O'Hara, M. W. 2004. Interpersonal Psychotherapy for antenatal and postpartum depression. *Primary Psychiatry*. 52, 52-56, 66.
45. *Salzer, M. S., Rappaport, J., & **Segre, L. S.** 2001. Mental health professionals' support of self-help groups. *Journal of Community and Applied Social Psychology*. 11(1), 1-10. doi: 10.1002/casp.606. doi: 10.1002/casp.606
46. *Salzer, M. S., Rappaport, J., & **McFadden (Segre), L. S.** 1999. Professional appraisal of professionally-led and self-help groups. *The American Journal of Orthopsychiatry*. 69(4), 536-40. doi: 10.1037/h0080401
47. *Salzer, M. S., **McFadden (Segre), L. S.**, & Rappaport, J. 1994. Professional views of self-help groups. *Administration and Policy in Mental Health Services Research*. 22(2), 85-95.
48. ***McFadden (Segre), L. S.**, Seidman, E., & Rappaport, J. A comparison of espoused theories of self- and mutual help: Implications for mental health professionals. *Professional Psychology: Research and Practice*. 23(6), 515-20. doi: 10.1037/0735-7028.23.6.515
49. Rappaport, J., Seidman, E., Toro, P. A., **McFadden (Segre), L. S.**, Reischl, T. M., Roberts, L. J., Salem, D.A., Stein, C.H. & Zimmerman, M. A. 1985. Collaborative research with a mutual-help organization. *Social Policy*. 15(3), 12-24. PMID: 10270879
50. ***McFadden (Segre), L. S.**, & Krug, S. E. 1984. Psychometric function of the "neutral" response option in clinical personality scales. *Multivariate Experimental Clinical Research*. 7(1), 25-33.

Book Chapters

1. **Segre, L. S.**, & Hall, S. 2017. Il ricovero in terapia intensiva neonatale: Le esperienze emotive dei genitori (Hospitalization in neonatal intensive care: The emotional experiences of the parents), *Psicologia Clinica Perinatale: Dalla Teoria alla Pratica (The Parents' Emotional Experience)*. (pp. 337-364) Trento: Erickson.
2. O'Hara, M. W., & **Segre, L. S.** 2014. Perinatal depression across the world: Prevalence, risk factors, and detection in primary care., *Perinatal psychiatry: The legacy of Channi Kumar*. (pp. 69-81) Oxford: Oxford University Press.

3. ***Segre, L. S.**, O'Hara, M. W., & Perkhounkova, Y. 2014. Adaptations of psychotherapy for psychopathology during pregnancy and the postpartum period., *Oxford Handbooks Online*. (pp. 366-382) Oxford: Oxford University Press. doi: 10.1093/oxfordhb/9780199778072.013.013. www.oxfordhandbooks.com.
4. O'Hara, M. W., & **Segre, L. S.** 2008. Psychologic disorders of pregnancy and the postpartum period., *Danforth's Obstetrics and Gynecology*. (10th ed., pp. 504-514) Philadelphia, PA: Lippincott Williams & Wilkins.

Segre, L. S., & O'Hara, M. W. 2005. The status of postpartum depression screening in the United States., *Screening for Perinatal Depression*. (pp. 83-89) London: Jessica Kingsley.

Invited Commentary/Letter

1. **Segre, L.S.** (2021). The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care, *Archives of Women's Mental Health*, doi: 10.1007/s00737-021-01168-7.
2. **Segre, L. S.** 2011. Incorporating mental healthcare into routine postpartum nursing is a promising approach for reducing depression in new mothers. (3rd ed., vol. 14, pp. 92-3): *Evidence-based Nursing*. PMID: 21482688. doi: 10.1136/ebn1152.

Books Entries

1. **Segre, L. S.** 2017. Prefazione (Preface)., *Guarire dalla Depressione Postpartum: Indicazione Cliniche e Psicoterapia*. Erikson.
2. **Segre, L. S.** 2011. Postpartum depression., *Encyclopedia of Family Health*. Thousand Oaks, CA: Sage Publications.
3. **Segre, L. S.** 2013. Listening Visits., *Nursing Interventions Classification (NIC)*. (6th ed., p. 248) St. Louis, MO: Elsevier.

Journal Issues Edited

1. Guest Editor (2021). Special issue: The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care. *Archives of Women's Mental Health*, 24(5), 1434-1816 (Print) 1435-1102 (Online) [Archives of Women's Mental Health, 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy and Clinical Care - Springer](https://doi.org/10.1007/s00737-021-01168-7)

Public Media: Newspaper Articles and Newsletters

Listening Matters for Mothers. (November 2013). *Neonatology Today*.

Talk with NICU nurse eases postpartum depression in preemie moms (October 5, 2013). *Psych Central*.

Listening Matters for Mothers: University of Iowa shows mothers with prematurely born infants benefited from peroneal sessions with NICU nurses (October 1, 2013). *Newswise*.

Postpartum depression and perinatal mood disorders in the DSM. (June 2016). *Postpartum Support*

Poor moms have more post-partum depression (February 22, 2008). *The Berkshire Miracle*.

Postpartum depression strikes poor more (February 21, 2008). *The Daily Iowan*.

Low-income women more likely to suffer postpartum depression, study says (February 20, 2008). *University of Iowa Health Care: Noon News*.

Postpartum depression hits low-income women hardest (February 20, 2008). *Top News Health*.

Low-income women more likely to suffer from postpartum depression (February 19, 2008). *Science Daily*.

Study: low-income women more likely to suffer from postpartum depression (February 19, 2008). *PHYSORG.com: Science: Physics: Tech: Nano: News*.

UI study: low-income women more likely to suffer from postpartum depression (February 19, 2008). *Iowa City Press Citizen*.

FUNDING

Extramural Funding: Research

2018 - 2022	R21 NR016751 Promoting Emotional Well-being in Distressed NICU Mothers: A Phase 2 Evaluation of a Nurse-delivered Approach National Institute of Nursing Research Total costs: \$419,375 Role: PI
2009 - 2011	K 23 MH 075964 03S1 ARRA-Supportive Listening with Depressed Low-Income Mothers National Institute of Mental Health Total costs: \$107, 853 Role: PI
2007 - 2012	K23 MH 075964 Supportive Listening with Depressed Low-income Mothers National Institute of Mental Health Total costs: \$694,007 Role: PI
2006 - 2009	5887PE01 Iowa Perinatal Depression Project

US Department of Health & Human Services, Health Resources &
Services Administration
Total costs: \$124,951
Role: Co-I

2007 S5082A & Am. 1-2 The Iowa Initiative to Reduce Unintended
Pregnancies
Susan Thompson Buffett Foundation
Total costs: \$28,184
Role: PI

2002 - 2005 MH059668S Clinician Managed Interpersonal Psychotherapy
National Institute of Mental Health,
Total costs: \$287,229
Role: PI

Intramural Funding: Research

2018 Improving Listening Skills in Dementia Care: Equipping the Listeners of
People with Dementia with Effective Communication Strategy.
Obermann Center for Advanced Studies
Total costs: \$3,000
Role: Co-I

2010 - 2012 Effectiveness of Listening Visits with Depressed Mothers of NICU
Infants
University of Iowa Social Science Funding Program
Total costs: \$22,535
Role: PI

2009 - 2010 Old Gold Summer Fellowship
Office of the Provost, University of Iowa
Total costs: \$6,000
Role: PI

Extramural Funding: Dissemination

2021-2022 Maternal Behavioral Health Awareness Grant
Perinatal Support Pathway
Washington State Department of Health
Total costs: \$30,000
Role: Co-I

2019 Listening Visits in Maternal Health Agencies
Iowa Department of Public Health
Total costs: \$1,500
Role: PI

- 2018 Listening Visits in Maternal Health Agencies
Iowa Department of Public Health
Total costs: \$3,672
Role: PI
- 2017 Listening Visits in Maternal Health Agencies
Iowa Department of Public Health
Total costs: \$13,954
Role: PI
- 2015 5885MH50 Listening Visits in Maternal Health Agencies
Iowa Department of Public Health
Total costs: \$5,300
Role: PI
- 2013 - 2014 Listening Visits in Maternal Health Agencies
2013 – 2014
Total costs: \$43,187
Role: PI
- 2008 - 2009 Train-the-Trainer Maternal Depression Screening
Iowa Department of Management
Total costs: \$106,865
Role: Co-PI
- 2008 Focus Groups about Knowledge Regarding a Medical Home
Visiting Nurse Services
Total costs: \$2,727
Role: PI
- 2007-2009 Iowa Perinatal Depression Project
Iowa Department of Public Health/US Department of Human Services,
Health Resources and Services Administration
Total costs: \$32,499.
- 2007 - 2008 Train-the-Trainer Maternal Depression Screening
Iowa Department of Management
Total costs: \$96,558
Role: Co-PI
- 2006 - 2007 Train-the-Trainer Maternal Depression Screening
Iowa Department of Management
Total costs: \$85,911
Role: PI
- 2006 Train-the-Trainer Maternal Depression Screening
Iowa Department of Management

Total costs: \$14,000
Role: PI

Intramural Funding: Teaching

- 2021 Incorporating Health Disparities and Inequities Perspectives into NURS 1030: Human Development and Behavior
Office of the Executive Vice President and Provost
Total costs: \$8,000
Role: PI
- 2017 Incorporating Global Perspectives into NURS 1030: Human Development and Behavior
International Programs Global Curriculum Development Award
International Programs, University of Iowa
Total costs: \$3,000
Role: PI
- 2010 Increasing the Explicit Relevance of Human Growth and Development to Nursing Practice
Instructional Improvement Award, Council on Teaching, University of Iowa
Total costs: \$2,500
Role: PI

Research and Clinical Presentations (*denotes data-based paper; senior author is bold; student and faculty mentees are italicized)

International Keynote/Plenary

***Segre, L. S., McCabe, J., Deberg, J., Wickberg, B.** (2019). *Listening Visits for maternal depression delivered by non-specialists: An update and meta-analysis.*, Faculty of the Royal College of Perinatal Psychiatrists, London United Kingdom. Invited Keynote/Plenary.

Segre, L. S. (2018). *Individuazione e trattamento dei disturbi mentali perinatali: Il progetto delle visite domiciliari in Iowa (Detection and treatment of perinatal mental disorders: The home visit project in Iowa).* Congresso Nazionale 2018, Società Marcè Italiana, Padova Italy. Invited Keynote/Plenary.

Segre, L. S. (2007). *Listening Visits go to America: The trials and tribulations of importing an empirically supported intervention.* Community Practitioner Health Visitor Association Annual Professional Conference and Exhibition, Torquay United Kingdom. Invited Keynote/Plenary.

O'Hara, M.W., **Segre, L. S.** (2007). *Psychosocial aspects of postpartum depression in the*

United States. 15th International Congress of the International Society of Psychosomatic Obstetrics and Gynecology, Kyoto Japan. Keynote/Plenary.

International Oral

**McCabe, J.E., Deberg, J., Wickberg, B., Segre, L.S.* (2020). Treatment of maternal depression by nonspecialists—Is it effective” Innovations in research, policy and clinical care, International Marcé Society for Perinatal Mental Health Biennial Meeting, Iowa City, Iowa, U.S. (Virtual). Oral.

**Segre, L.S., Chuffo-Davila, R. O’Hara, M.W., Carter, C., Jaboob, S., Laroe, N. McCabe, J., Arndt, S.* (2020). *Listening Visits in the neonatal intensive care unit: A randomized controlled trial*. Innovations in research, policy and clinical care, International Marcé Society for Perinatal Mental Health Biennial Meeting, Iowa City, Iowa, U.S. (Virtual). Oral.

**Segre, L. S., Trusty, S., Chuffo Davila, R.* (2019). *Academic-public health partnerships: A strategy for disseminating evidence-based prevention interventions*. Using rigorous research to inform practice and policy, Global Consortium for Depression Prevention, York England. Oral.

**Wickberg, B., McCabe, J., Deberg, J., Segre, L. S.* (2019). *Person-centered counselling for maternal depression delivered by nonspecialists: A meta-analysis.*, Nordic Marce Biennial Conference on Perinatal Mental Health, Stockholm Sweden. Oral.

**Segre, L. S., McCabe, J. E., O’Hara, M. W.* (2018). *Preliminary severity ranges for scores on the Edinburgh Postnatal Depression Scale*. Global Experiences, Global Dialogues, Global Response, International Marcé Society of Perinatal Mental Health, Bangalore India. Oral.

**Segre, L. S., Brock, R. L., O’Hara, M. W.* (2016). *Listening Visits delivered by U.S. point-of-care providers: Sustainability of treatment gains.*, The International Marcé Society of Perinatal Mental Health, Melbourne Australia. Oral.

**Segre, L. S., Orengo-Aguayo, R. E.* (2014). *Listening Visits delivered at the point of care: A qualitative assessment of the views of low-income U.S. mothers*. Creating Change in Perinatal Mental Health, The International Marcé Society of Perinatal Mental Health, Swansea United Kingdom. Oral.

**Segre, L. S., Chuffo-Siewert, R., Brock, R., Arndt, S., O’Hara, M.* (2012). *Listening Visits on the neonatal intensive care unit.*, International Marcé Society of Perinatal Mental Health, Paris France. Oral.

O’Hara, M. W., Holden, J., *Segre, L. S.* (2011). *How to listen to mothers*. The Marce Society recent advances in community mental health for mothers and babies, Cheltenham United Kingdom. Invited Oral.

**Segre, L. S., Chuffo-Siewert, R., O’Hara, M. W.* (2011). *The Iowa Community Study: Listening Visits on the neonatal intensive care unit*. The Marce Society recent advances in community mental health services for mothers and babies, Cheltenham United Kingdom. Invited Oral.

***Segre, L. S.**, Brock, R. L., O'Hara, M. W., Gorman, L. L., Engeldinger, J. (2010). *Disseminating perinatal depression screening as a public health initiative: A train-the-trainer approach.*, International Marcé Society of Perinatal Mental Health, Pittsburgh, Pennsylvania. Oral.

***Segre, L. S.**, Engeldinger, J., O'Hara, M. W. (2008). *Train-the-trainer: A community partnership model for disseminating maternal depression screening.* The Marce Society International Biennial Scientific Meeting, Sydney Australia. Oral.

***Segre, L. S.**, O'Hara, M. W., Lebeda-Townsend, K., Richard-Langer, D. (2006). *British Listening Visits go to America: A description and evaluation.* The Marce Society International Biennial Scientific Meeting, Keele United Kingdom. Oral.

O'Hara, M.W., **Segre, L. S.** (2006). *Perinatal depression screening, referral, and treatment among poor and minority women in the U.S. healthy start program.* International Congress of Applied Psychology, Athens Greece. Oral.

***Segre, L. S.**, O'Hara, M. W., Schubert, C. (2004). *Screening and counseling for women with perinatal depression in the United States: A new role for nurses.* The Marce Society International Biennial Scientific Meeting, Oxford United Kingdom. Oral.

Reischl, T., **McFadden (Segre), L. S.**, Zimmerman, M. (1984). *A social movement organization.* The 92nd annual convention of the American Psychological Association, Toronto Canada. Oral.\

International Poster

***Segre, L. S.**, O'Hara, M. W., Stasik, S. M., Arndt, S. (2011). *Listening Visits: Effectiveness in the U.S. setting.* Perinatal Psychiatry in the 21st Century: The Legacy of Channi Kumar, London England. Poster.

***Segre, L. S.**, O'Hara, M. W., Lebeda Townsend, K., Richard-Langer, D. (2006). *Depression screening in low-income women by American case managers: An evaluation.* The Marce Society International Biennial Scientific Meeting, Keele United Kingdom. Poster

National Keynote/Plenary

Segre, L. S. (2008). *The importance of early identification of maternal depression.* Tulane Institute of Infant & Early Childhood Mental Health, New Orleans, Louisiana. Keynote/Plenary.

National Oral

Whynott, R.M.*, Summers, K.M., Mejia, R.B., **Segre, L.S., Ryan, G. Pawlak, S. (2021). *Creating affiliations, learning, and mindfulness for invitro fertilization patients (CALM IVF).* American Society for Reproductive Medicine (ASRM) 2021 Scientific Congress & Expo, Baltimore Maryland. Oral.

***Segre, L.S.**, Mehner, B., Brock, R. (2021). *Perceived racial discrimination and depressed mood in perinatal women*. Parental Mental Health During Changing Times. Marce of North America Biennial Conference, Virtual. Oral.

***Segre, L.S.**, Mehner, B., Brock, R. (2021). *Yet another stressor: the experience of discrimination during pregnancy and risk for postpartum depressed mood*. Uprooting White Supremacy:18th Biennial Conference of Society for Community Research and Action, virtual. Oral.

***Segre, L.S.** & Chuffo Davila, R. (2021). *How well we listen is more important than what we say: Listening Visits and the Compassionate Family Care Framework*. May meeting of the National Pediatric Nurse Scientist Collaborative, Virtual. Oral

***McCabe, J. E.**, Deberg, J., Wickberg, B., **Segre, L. S.** (2019). *Person-centered counselling for maternal depression delivered by nonspecialists: A meta-analysis*. Understanding needs, expanding reach through translational science and clinical care, Marce of North America Biennial Conference, Chapel Hill, North Carolina United States. Oral.

***Segre, L.S.**, Trusty, S. & Chuffo Davila, R. (2019). *Disseminating evidence-based postpartum depression interventions and services using a train-the-trainer model*. Making an Impact Ecological Praxis: System complexity, cycles of action, and extending our metaphors with the natural world. 17th biennial meeting of the Society for Community Action and Research, National Louis University, Chicago Illinois. Oral.

***Vignato, J.**, O'Hara, M. W., Duffecy, J., **Segre, L. S.** (2017). *Innovations in United States sampling for perinatal mental health research*. Mental Health and Well-Being for Child-bearing Women, Their Children and Families, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

Segre, L. S., Heuel, R., Dineen, E. (2017). *Listening Visits in maternal health agencies: A follow-up evaluation of provider views and use*. Mental Health and Well-Being for Childbearing Women, Their Children and Families, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

Segre, L. S., Gullickson, R., Houghton, L., Trusty, S., Petsche, D. (2015). *Partnering with public health to improve access to treatment for postpartum depression: A statewide dissemination of Listening Visits*. Translational Research in Perinatal Mental Health: Laboratory to Bedside to Community Practice, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

***Segre, L. S.**, Orengo-Aguayo, R. E., Chuffo-Siewert, R. (2014). *Depression in mothers of NICU infants: Mothers' views of a point-of-care nurse-delivered treatment model*. Building Value Based Partnerships through Nursing Science, Midwest Nursing Research Society, St. Louis, Missouri United States. Oral.

Segre, L.S. (2014). *Implementing depression screening*. Strategies for Improving Outcomes for Peripartum Women, Substance Abuse and Mental Health Services Administration, Rockville,

Maryland United States. Oral.

Rhodes, A., **Segre, L. S.** (2013). *Perinatal depression: U.S. legislation and law*. Optimizing maternal treatment to improve infant outcomes, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

Segre, L. S., Brock, R., O'Hara, M. W. (2013). *Treatment of depressive symptoms by home-visitors and allied health professionals: A randomized controlled trial evaluation*. Perinatal Mental Health Meeting: Optimizing maternal treatment to improve infant outcomes, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

***Segre, L. S.**, O'Hara, M. W. (2013). *The treatment of perinatal depression in home-visiting programs: Four approaches*. Perinatal Mental Health Meeting: Optimizing maternal treatment to improve infant outcomes, Asher Center for the Study and Treatment of Mood Disorders, Department of Psychiatry and Behavioral Science Northwestern University and the Marce International Society for Perinatal Mental Health, Chicago, Illinois United States. Symposium.

Chuffo-Siewert, R., **Segre, L. S.** (2013). *Implementation of an innovative nurse delivered depression treatment for mothers of NICU infants*. 38th Annual Research Conference Midwest Nursing Research Society: Building value-based partnerships through nursing science, Midwest Nursing Research Society, Chicago, Illinois, Oral.

Chuffo-Siewert, R., **Segre, L. S.** (2012). *Mother's emotional experiences in the NICU*. 7th Annual Research Summit, National Association of Neonatal Nurses, Scottsdale, Arizona. Oral.

***Segre, L. S.**, Brock, R. L., O'Hara, M. W., Gorman, L. L., Engeldinger, J. (2011). *Disseminating perinatal depression screening in hospital and community agencies: A train-the-trainer approach*. 35th Annual Research Conference: Midwest Nursing Research Society: New perspectives in promoting comprehensive women's health across the lifespan, Midwest Nursing Research Society, Columbus, Ohio. Oral.

***Segre, L. S.**, O'Hara, M. W. (2010). *Listening Visits: The effectiveness of a British nurse-delivered depression intervention in a U.S. setting*. 34th Annual Research Conference: Midwest Nursing Research Society: Bench to Bedside, Midwest Nursing Research Society, Kansas City, Missouri. Oral

***Segre, L. S.**, O'Hara, M. W. (2010). *Listening Visits: A home-based intervention for perinatal depression*. 36th Annual Meeting of the North American Society of Psychosocial Obstetrics and Gynecology: Innovations in Perinatal Interventions, Richmond, Virginia Oral.

***Segre, L. S.**, Odell, M. (2008). *Train-the-trainer: A community partnership model for disseminating maternal depression screening*. Prevent Child Abuse America National Conference, Milwaukee, Wisconsin. Research.

Segre, L. S. (2005). *Calling community psychologists to the table: Prevention of maternal depression*. Society for Community Research and Action 10th Biennial Conference, Champaign-Urbana, Illinois. Oral.

***Segre, L. S.**, Losch, M. E., O'Hara, M. W. (2004). *Predictors of postpartum sadness: Examining demographic variables and separating ethnicity from sex*. World Congress on Women's Mental Health, Washington, District of Columbia. Oral.

Zimmerman, M., **McFadden (Segre)**, L. S., Toro, P., Salem, D., Reischl, T., Rappaport, J., Seidman, E., Berggren, D. (1985). *Expansion of mutual-help organization: The Johnny Appleseed approach*. Convention of the Midwestern Psychological Association, Chicago, Illinois. Oral

National Poster

Vignato, J.*, Perkhounkova, Y., McCarthy, A. M., **Segre, L. S. (2018). *Pain, depression and quality of life in pregnancy*. The Future of Nursing Research: Economic Realities and Creative Solutions, Midwest Nursing Research Society, Cleveland, Ohio United States. Poster.

Trusty, S., Petsche, D., Segre, L., *Gullickson, R., Houghton, L.* (2015). *Listening Visits: An acceptable and effective first-line treatment option for women with depression*. United to Build Healthy Communities, Association of Maternal Child Health Programs, Washington, Delaware United States. Poster.

Schreiber, E., Lose, D., Rauenbuehler-Pohl, R., Chuffo-Siewert, R., Segre, L. S. (2012). *Listening Visits on the NICU*. 60th Annual National Student Nursing Association Conference, Pittsburgh, Pennsylvania. Poster.

**Oh, J., Segre, L. S., O'Hara, M. W.* (2010). *Listening Visits: Nurses and case managers' views*. 36th Annual Meeting of the North American Society of Psychosocial Obstetrics and Gynecology, Richmond, Virginia. Poster.

Segre, L. S., O'Hara, M. W., Stuart, S. (2006). *Importing British "health visiting": Identifying and treating women*. 33rd Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology, Kohala Coast, Hawaii. Poster.

McFadden (Segre), L. S. (1987). *Comparative content analysis of the literature of two self-help groups*. First meeting of the biennial community psychology conference. Poster.

Regional Visiting Professorship

Segre, L. S. (2011). *Perinatal Depression*. Women, Children and Family Health Sciences College of Nursing, University of Illinois, Chicago, Illinois. Visiting Professorship.

Regional Keynote/Plenary

Segre, L. S. (2015). *There are no wrong turns, only unexpected paths: A program of research in perinatal mental health*. ILLOWA 42nd Annual Undergraduate Research Conference, Knox College, Galesburg, Illinois United States. Keynote/Plenary.

Segre, L. S. (2013). *Perinatal Depression: Treatment Delivered by Health Professionals at the Patient's Point-of-Care*. Mercy Hospital and Medical Center OB Grand Rounds, Mercy Hospital

and Medical Center, Chicago, Illinois. Grand Rounds.

State Keynote/Plenary

Segre, L. S., Chuffo-Siewert, R. (2016). *Maternal Depression: How can we positively affect the emotional well-being of the families we care for?* 42nd Annual Iowa Conference on Perinatal Medicine, Des Moines, Iowa United States. Keynote/Plenary.

Segre, L.S. (2012). *Perinatal depression: An introduction.* Early ACCESS Service Coordinators Webinar, Iowa Department of Education, Iowa. Keynote/Plenary

Segre, L. S. (2009). *Listening Visits: An economical, effective, and acceptable treatment for depressed mothers.* Faculty Senate for Governor Culver, University of Iowa, Iowa City, Iowa. Invited Presentation

Segre, L. S. (2009). *Maternal depression: What is it? Why should you care? What can you do?* Prevent Child Abuse Iowa's 28th Annual Child Abuse Prevention Conference: Building health families, Des Moines, Iowa. Keynote/Plenary.

Segre, L. S. (2008). *Why you should care and what you should do.* 3rd Annual Controversies and Advances in Perinatal and Neonatal Medicine, Des Moines, Iowa. Keynote/Plenary.

State Oral

*Chuffo-Davila, R., **Segre, L.,** Arndt, S., *McCabe, J.* (2021). *Implementing compassionate care in the NICU: A randomized controlled trial of Listening Visits delivered by NICU nurses.* Neonatology Day, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

Segre, L. S. (2020). Supporting families through maternal emotional well-being. Iowa City Noon Rotary, Iowa City Noon Rotary, Iowa City, Iowa United States. Invited Lecture.

Segre, L. S., Chuffo-Siewert, R. (2015). *Listening Visits in maternal child health agencies.* Neonatal Update Conference, University of Iowa Hospitals and Clinics, Iowa City, Iowa United States. Oral.

Chuffo-Siewert, R., **Segre, L. S.** (2014). *Listening Visits: An innovative nurse-delivered depression intervention for mothers of NICU infants.* 40th Annual Perinatal Conference, Des Moines, Iowa United States. Oral.

O'Hara, M. W., **Segre, L. S.** (2008). *Depression screening in visiting nurse services and addressing the depression treatment gap: Listening Visits.* Summit to improve maternal and infant mental health, Des Moines, Iowa. Oral.

Segre, L. S., O'Hara, M. W. (2006). *Postpartum depression: The untold story.* Iowa Early Care Health and Education Congress, Ames, Iowa. Oral.

University/Local Oral

Buckwalter, K., McCarthy, A-M., **Segre, L.S.** (2020) Data and Safety Monitoring Boards: What are they are how to use one. Annual Summer Grants Workshop, College of Nursing, Iowa, City, Iowa, United States. Invited oral.

Segre, L.S. (2020). *Supporting families through maternal emotional well-being*. Iowa City Noon Rotary, Coralville, Iowa, United States: Invited oral.

***Segre, L. S., McCabe, J., Deberg, J., Wickberg, B.** (2019). *Listening Visits: An update*. Women's Wellness Center, University of Iowa Hospitals and Clinics, Iowa City, Iowa United States. Grand Rounds.

Segre, L.S. (2015). Engaging undergraduates in the classroom. Advanced Placement Psychology Teachers' Course, Blank Honors Center, Iowa City, Iowa, United States: Invited oral.

***Gullickson, R. & Segre, L. S.** (2015). *Partnering with Public health to improve access to treatment for postpartum depression: A statewide dissemination of Listening Visits*. Advanced Practice Institute Meeting, Advanced Practice Institute, Iowa City, Iowa United States. Grand Rounds.

***Segre, L. S.** (2014). *Improving the mental health of Iowa mothers: a program of applied research*. Brown Bag Lunch Forum, Department of Psychological and Brain Sciences, Iowa City, Iowa United States. Oral.

***Segre, L. S.** (2013). *Improving the mental health of Iowa mothers: translating research into practice*. Annual Visit of University of Iowa President to College of Nursing, College of Nursing, Iowa City, Iowa United States. Oral.

***Chuffo-Siewert, R., Segre, L. S.** (2012). *Listening Visits: An evaluation of a nurse-delivered intervention for depressed mothers of NICU infants*. 19th Annual Evidence-based practice Conference, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

Chuffo-Siewert, R., Segre, L. S. (2011). *Mother's emotional experiences on the NICU*. Neonatal Update, University of Iowa Children's Hospital. Iowa City, Iowa. Oral

Segre, L. S. (2010). *Postpartum depression: You can't tell by looking*. Pediatric Grand Rounds, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

***Segre, L. S.** (2009). *Train-the-trainer: Maternal depression screening*. College of Nursing Visit with President Sally Mason, College of Nursing, Iowa City, Iowa. Invited oral.

Segre, L. S. (2008). *Depression screening: Two implementation models*. Medical Resident Grand Rounds/Education, University of Iowa, Iowa City, Iowa. Oral.

***Segre, L. S.** (2006). *Maternal depression screening and intervention for low-income and ethnic minority women: A program of community/clinical research*. Brown Bag Series, Psychology Department, Iowa City, Iowa. Oral.

Segre, L. S. (2006). *Postpartum depression: The untold story.*, University of Iowa, Cafe

Scientifique, Iowa City, Iowa. Oral.

Segre, L. S., Steenbarger, B. (1988). *Sex roles and student mental health: Does sex role orientation contribute to personal adjustment?* Counseling Centers of Upstate New York Conference, Ithaca, New York. Oral.

SERVICE

Editorships

2017-present Section Editor-Psychology Archives of Women's Mental Health

Journal Peer Review

Nursing. *Nursing Research, Clinical Nursing Research, MCN: Journal of Maternal Child Nursing, Western Journal of Nursing Research*

Psychology/Psychiatry. *BMC Psychiatry, Contemporary Clinical Trials, Depression and Anxiety, General Hospital Psychiatry, Health Education and Behavior, Journal of Affective Disorders, Journal of Consulting and Clinical Psychology, Journal of Perinatology, Journal of Reproductive and Infant Psychology, Journal of Women's Health, Pediatrics, Psychotherapy Research, Social Psychiatry and Psychiatric Epidemiology*

National Research Reviews

2021 National Centers for Disease Control and Prevention- National Center for Chronic Disease and Health Promotion Special Emphasis Panel, Reviewer

2018 National Institutes of Health- Institute of Complementary and Alternative Medicine. Ad-hoc reviewer

2016 - 2017 National Institutes of Health-Institute of Mental Health. Reviewer, Loan Repayment Program grants.

Advisory Panels

2014-present Pregnancy Risk Assessment Monitoring System (PRAMS), Center for Disease Control and the Iowa Department of Public Health, Steering Committee

Professional Organizations

American Psychological Association- 2021-present
Member

International Listening Society 2020-present
Member

International Marcé Society for Perinatal Mental Health 2002-present
Immediate Past President, 2020-present: elected
President & International Conference Chair, 2018 – 2020: elected
President-elect, 2016 – 2018: elected
Board of Directors, 2014-2016: elected
Conference Scientific Planning Committee, 2014-2018: appointed

Marcé of North America (Formerly: Perinatal Mental Health Society), 2016-present
Liaison MONA to International Marce, 2017 -2020

Postpartum Support International, 2011-2013
Membership Committee, 2013: appointed
Board of Directors, 2012-2014: appointed

Society for Community Research and Action, 2011-present
Member

Midwest Nursing Research Society, 2009-2016
Women's Research Section Senior Investigator Award Committee, 2012: appointed

University Committee Service

2021-2022 Community Engaged Course Designation Review Committee, Member

2011 – present University of Iowa Institutional Review Board 02, Member: appointed

2017 - 2018 University of Iowa Office of the Provost-Phase II 2020 Committee, Member:
appointed

2014 - 2017 Faculty Senate, Member-at-large: elected

2012 University of Iowa Office of the Vice President for Research Social Science Funding
Program, grant reviewer: appointed

2012 University of Iowa Office of the Vice President for Research Researchers' Handbook:
consultant

2012 University of Iowa Institutional Review Board-02, Director of the Community Based
IRB, search committee: appointed

2009 - 2011 University of Iowa New Faculty Orientation Program, speaker: appointed

Other University Service

2018 American Psychological Association, Student Group Health Psychology, Careers in
Health Psychology and Health Promotion Panel, member: invited

- 2017 - 2018 Iowa Edge Panel, Speaker: invited
- 2016 MedLife Student Group, Speaker: invited
- 2014 Associates and Graduate Students Forum, Speaker: invited

Collegiate Task Forces and Ad Hoc Committees

- 2021-present Pathways Forward Taskforce, Member: appointed
- 2015 - 2018 Undergraduate research coordinator, Chair: appointed
- 2014 - 2015 Three-paper dissertation option ad-hoc committee, Chair: appointed
- 2014 Search Committee, Grants management specialist, Member: appointed
- 2013 Educator role development task force, Member: appointed
- 2011 - 2012 CON awards development committee, Member: appointed
- 2009 - 2010 Search Committee Assistant Dean for Graduate Students, Member: appointed

Collegiate Standing Committees

- 2021 – present Diversity, Equity and Inclusion, Member: appointed
- 2020 – 2023 PhD Admissions and Progression: appointed
- 2015 - 2021 Council on Student Affairs, Chair: elected
- 2013 - 2016 Scholarship committee, Member: appointed
- 2013 - 2015 Council on Curriculum, Member: elected
- 2011 - 2016 CON - BSN Admission/Progression committee, Member: appointed

State of Iowa/Community Service

- 2014 - present Pregnancy Risk Assessment Monitoring System (PRAMS), Center for Disease Control and Iowa Department of Public Health, Steering Committee, Member: appointed
- 2011 - present Iowa Women's Foundation, Grant review panel, Member: appointed
- 2007 - 2009 Visiting Nurses Services, Des Moines Iowa, African-American Support Group, Co-leader: appointed

TEACHING

Course Instruction College of Nursing, University of Iowa

- 2009 - present NURS 1030 Human Development and Behavior. Primary Instructor, Undergraduates, 200-250, Spring Semester
- 2020 NURS 1020 First-Year Seminar. Team Teacher, Undergraduates, 82, Fall Semester
- 2019 NURS 7003 Quantitative Research. Team Teacher, PhD students, 2, Spring Semester
- 2013 - 2017 NURS 1020 First-Year Seminar. Team Teacher, Undergraduates, 72, Fall Semester

Course Instruction Department of Psychological and Brain Science, University of Iowa

- 2005 - 2007 PSY 2301 Introduction to Clinical Psychology, Undergraduate, ~130, Spring Semester
- 2001 - 2006 PSY 3330 Childhood Psychopathology, Undergraduate, ~30, Fall Semester
- 1998 - 2006 PSY 3340 Behavior Modification, Undergraduate, 6-50, Summer, Fall, Spring Semesters
- 1998 - 1999 PSY 2401 Child Development, Undergraduate, 22, Fall Semester

Course Instruction Cornell College, Mount Vernon, Iowa

- 1998 - 1999 General Psychology; Child Psychology

Course Instruction Ithaca College, Ithaca, New York

- 1990 - 1994 Introduction to Development; General Psychology; Motivation; Psychology of Adjustment; Principles of Development; Research Methods-Psychological Assessment; and Senior Seminar-Community Psychology

Mentoring

Faculty Mentoring

- 2020 Sunita Sharma MD, Development of empathic listening training for maternal peer helpers, Clinical Education Fellow, Imperial College, London, U.K., consultant
- 2018 - 2019 Barbara St. Marie, Opioid use in pregnancy, College of Nursing University of Iowa, Secondary Faculty mentor
- 2018 – present Julie Vignato PhD., Pain, depression and quality of life during pregnancy, College of Nursing University of Iowa, Primary Faculty Mentor

Postdoctoral Mentoring

- 2018 - 2020 Nicole Reilly PhD, Prevention and early intervention for maternal mental illness: A

research program that will inform policy and clinical practice, University of New South Wales, Expert advisory panel member

2018 - present Rachel Whynott MD, College of Medicine, Department of Obstetrics and Gynecology, Randomized controlled trial evaluation of a support group for couples undergoing fertility treatment, Advisory

2017 - 2018 Julie Vignato PhD, Pain and depression in pregnancy, Funding: T-32 Pain, College of Nursing, University of Iowa, Primary Faculty Mentor

Predoctoral Mentoring

2021- present Christina Shutters, Fetal positioning, PhD Nursing, Chair

2019 - present Saida Jaboob, Loneliness in elderly in Oman, PhD Nursing, Chair

2019 – 2020 Polly Folador, Empathic listening education for nurses, School of Nursing - University of Campinas (UNICAMP), Brazil, MS, Member

2018 – 2020 Nina Laroe, Expanding family centered care in the NICU, DNP, Chair

2015 - 2018 Gretchen Wenger, Increasing the number of perinatal depression screening periods from one to three in order to increase early detection and treatment of perinatal depression, DNP, Chair

2013 - 2015 Renee Gullickson, Evaluation of barriers and facilitators of dissemination of Listening Visits in maternal health agencies, DNP, Chair

2011 - 2012 Michelle Cline, Development of Listening Visits treatment manual and simulation training for NICU Nursing staff, DNP, Chair

Predoctoral Research Assistant Supervision/Mentoring

2012 Jennifer Nierman, DNP, College of Nursing, University of Iowa

2011 - 2012 Rosaura Orengo-Aguayo, PhD, Clinical Psychology, University of Iowa

2010 - 2012 Jade Kalmes, DNP, College of Nursing, University of Iowa

2011 Jennifer McCabe, PhD, Clinical Psychology, University of Iowa

2007 - 2011 Sara Stasik, PhD, Clinical Psychology, University of Iowa

2009 - 2010 Sheehan Fisher, PhD, Clinical Psychology, University of Iowa

2008 Rebecca Brock, PhD, Clinical Psychology, University of Iowa

2007 - 2008 Kimberly Nysten, PhD, Clinical Psychology University of Iowa

Undergraduate Research Mentoring

- 2016 - 2018 Rachel Heuel, Development of an online peer consultation session for Listening Visits providers in maternal-health clinics in Iowa. Funding: Iowa Center for Research by Undergraduates (ICRU), BSN, College of Nursing, University of Iowa, Chair
- 2016 Maya Jordan, Depressive symptomatology and stress in African American mother. Summer Research Opportunity Program (SROP), BA, Psychology, Hampton College, Chair
- 2011 - 2012 Erin Schrieber, Listening Visits on the UIHC neonatal intensive care unit. Funding: Nancy Stence Creason Young Scientist Award, BSN, College of Nursing, University of Iowa, Chair
- 2009 - 2010 Jennifer Oh, Nurses vs. case managers views of Listening Visits. Funding: Nancy Stence Creason Young Scientist Award, BSN, College of Nursing, University of Iowa, Chair
- 2008 - 2011 Lauren Pollack, Independent study resulting in peer reviewed publication: Prevalence Postpartum depression: The distribution of severity in a community sample, BA, College of Liberal Arts and Science, University of Iowa, Chair.
- 2008 Silnettra Davis, Train-the-trainer maternal depression screening: An evaluation of the training workshop, Summer Research Opportunity Program (SROP), BA, Psychology, North Carolina A & T University, Chair

Undergraduate Research Assistant Supervision

- 2018 - 2019 DeLaney Fisher, BSN
- 2018 - 2019 Neevetha Sivagurunathan, BA
- 2018 - 2019 Rachel Thompson, BA
- 2015 Emily Ellefson, BSN
- 2013 - 2014 Elizabeth Tuchscherer, BA
- 2013 - 2014 Karolina Wartalowicz, BA
- 2013 Sydney Farnsworth, BA
- 2012 - 2013 Katherine Witt, BSN
- 2011 - 2013 Megan Leibforth, BSN

2012 Brook Opalinski, BSN
2012 Katie Petzenhauser, BSN
2011 - 2012 Margaret Goh, BA
2011 - 2012 Thomas Houchins, BSN
2011 - 2012 Rachel Rauenbuehler, BSN
2011 - 2012 Jaci Rolffs, BA
2011 Briana Sanchez, BSN
2010 - 2011 Kathryn Schmalzer, BSN
2009 - 2011 Cassidy Bell, BA
2008 - 2011 Lauren Pollack, BA

Independent Study Doctoral

2019 Elyse Laures, Review of child development as relevant to the pediatric intensive care Unit, PhD, Team

PhD Dissertation Committees

2019 - 2020 Nicole Pierce, Endovascular revascularization failure in African American patients: Developing a predictive model, PhD, College of Nursing, University of Iowa, Committee member
2019 - present Katie Knox, Nurse residency programs, PhD, College of Nursing, University of Iowa, Committee member
2018 - 2020 Graham Nelson, Attachment anxiety, attachment avoidance, and internalizing disorder symptoms: Identification of moderating variables, PhD, Clinical Psychology University of Iowa, Committee member
2015 - 2018 Stephanie Stewart, The experience of parents' during their child's resuscitation and exploration of parental stress and family functioning after the event, PhD College of Nursing, University of Iowa, Committee member
2015 - 2017 Nicole Loew, Rural Iowa women's perspectives on responsible sexual behavior, PhD, College of Nursing, University of Iowa, Committee member
2015 - 2017 Stephanie Edmonds, Examining reproductive life planning practices among Title X providers in the Midwest: A mixed-methods study, PhD, College of Nursing, University of Iowa, Committee member

- 2016 Michelle Bell, Perinatal anxiety as a factor in maternal bonding and postnatal depressive symptomatology among mothers of full-term and premature infants, PhD Clinical Psychology, Swinburn University, Australia, External reviewer
- 2016 Nicole Reilly, Prevention and Early Intervention for Perinatal Mental Health: An Evaluation of Equity of Access and Outcomes for Women Who Give Birth in Australia, PhD, University of New South Wales, Australia, External reviewer
- 2015 Charlotte Trotman, Motherhood experience and its relationship to postpartum adjustment, PhD Clinical Psychology, Flinders University, Australia, External reviewer
- 2015 Kim Yiong Wee, Distress symptomatology in men during their partner's pregnancy, PhD Clinical Psychology, Deakin University, External reviewer
- 2008 - 2012 Elizabeth Mullen, Immune-spectrum disease among female veterans: Relations with PTSD and negative repetitive thought, PhD Clinical Psychology, University of Iowa, Committee member
- 2010 Nancy Downing, Symptom attributions in persons with pre-Huntington's disease, PhD, College of Nursing, University of Iowa, Committee member

Masters' Theses

- 2018 - 2019 Alyssa Dye, Paternal perinatal depression: Barriers to treatment and the influence of social support on help seeking, MA Psychology, University of California-Stanlius, Master' Thesis, Committee member
- 2017 - 2019 Francesca Scheiber, Breastfeeding and depression in women served by home visiting Programs. Department of Psychological and Brain Science, University of Iowa, First Year Project, Chair
- 2012 Sashi Solomon, Women's health and menopause, MSN, College of Nursing University of Iowa, Committee member
- 2011 Constance Shelsky, A tool to educate patients about research participation, College of Nursing University of Iowa, Master's Project, Committee member

Doctoral Comprehensive Examination Committee

- 2018 Katie Knox, Committee member
- 2015 Stephanie Stewart, Committee member
- 2013 Rebecca Grekin, Committee member
- 2012 Rosaura Orengo-Aguayo, Committee member

2010 Nancy Zemblidge, Committee member

Undergraduate Honors Designation Project Mentoring: NURS 1030

2019 Laura Kimberling, Nannyng 101 - teaching children to set goals and plan using scaffolding

2019 Ann Livingston, Human development in the news

2018 Qiyun Hwang, Implementing the Edible Schoolyard in China (nb). not formally a University Honor's Student).

2017 Kaitlyn Albert, The puppet project (play therapy)

2017 Holly Alessio, Diving into water birth

2017 Holly Buhl, Savior children

2017 Abby Denson, Managing stress in pregnancy: Do relaxation techniques improve delivery and postnatal outcomes?

2017 Casey Gartlan, Reconstructing the concept of gender

2017 Rachel Hess, Vamos a cantar (foreign language learning in undergraduates)

2017 Alyssa Mulcahy, Perception of obesity across the lifespan

2017 Isabella Penniston, OVIA: Technologies impact on prenatal care

2017 Kristen Utley, Empowering expecting mothers

2017 Kayla VonderHaar, The acceleration of [the perception of] time [across the lifespan]

2016 Ashleigh Brill, The negative side of youth sports

2016 Abigail Cunningham, Pet therapy

2016 Gabrielle Garcia, Men in Nursing: From then to now

2016 Megan Lough, Achieving developmental milestones through soccer

2016 Kirsten Mahler (with Gretchen Vitek), You only live once: Die comfortably

2016 Hilary Nguyen, Blue Zones

2016 Hanna Simpson (with Halle Wilmott), The art of engaging students

2015 Paige Dewane, The truth behind music therapy

- 2015 Emma Eschker, Self-esteem: Greater than the self
- 2015 Amelia Jones, Young at heart [Progeria]
- 2015 Cheyenne Kimbell, Nursing outside the classroom
- 2015 Margaret Turk, A recipe for health [in senior citizen meal planning]
- 2015 Margaret Wilhelm, Bilingualism in Nursing: No longer PRN
- 2015 Ziling Xia, Education of Chinese students
- 2014 Thao Ha, Spending time with young children: An activity blog
- 2014 Manju Kam, Cross cultural perspectives of pregnancy [Japan and South America]
- 2014 Allie Korn, Key concepts in development: A scrapbook illustration
- 2014 Amy O'Grady, Eating Disorders: The Family Systems conceptualization of Salvador Minuchin
- 2014 Hannah Tykol, [supervised by Melissa Lehan Mackin] The hookup culture and college
- 2014 Nicole Basil, Ivan Pavlov: His life and work
- 2014 Brenna Bittner, Stress and the Nursing student
- 2014 Danielle Glanz, An Introduction to Time Slips for Nursing students
- 2014 Jenna Lee, Unique fields of Nursing: A brochure
- 2013 Miranda Carlson, Introduction to musical instruments for elementary grade school students
- 2013 Bobby Fischel, (with Amber Gonoski) Musical slide show summary for Human Development
- 2013 Nickie Gleisner, Search for student engagement activities Teaching of Psychology journal
- 2013 Brianna Nelson, Exploring children's psychological issues in picture books
- 2013 Annie Parker, Exploring children's psychological issues in picture books
- 2013 Alex Rosaurer, Assessing the False Belief test
- 2013 Laura Scheberger, Educational paths to nursing career: A "prezi" presentation

- 2012 McKenzie Wallace, Development of ADHD in adults: A brochure
- 2011 Jill Ahlers, Selection of video material to complement and enhance Human Development and Behavior class curriculum
- 2011 Christina Ponce, Development of summer reading list to encourage student engagement in course material