

Curriculum Vitae

Mila Grady, MSN, RN
Instructor

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Education

Dates	Degree	Field of Study	Institution
1981	MSN	Nursing	University of Texas Austin, Texas
1978	BSN	Nursing	University of Iowa Iowa City, Iowa

LICENSURE

1978 - 2023	Multi State License. Iowa Board of Nursing, #058538
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PROFESSIONAL EXPERIENCE

Academic Appointments

2005-present	Lecturer/Instructor, University of Iowa College of Nursing Iowa City, Iowa
2001-2003	Temporary Lecturer, University of Iowa College of Nursing 96:127 Health Assessment Across the Lifespan
1982 – 1988	Lecturer/Clinical Instructor, University of Iowa College of Nursing Acute Care Nursing, Chronic Care Nursing, Community Health Nursing

Clinical Appointments

2005-2013	Geriatric Nurse Care Manager, Home Safe Iowa City, Iowa
1983	Camp Nurse at Farm and Wilderness Camps Vermont
1981	Staff Nurse, University of Iowa University of Iowa Hospitals and Clinics
1979 – 1980	Staff Nurse, University of Iowa University of Iowa Hospitals and Clinics I West Toddlers Pediatric Unit

1978-1978	Staff Nurse, University of Iowa Hospitals and Clinics C-54 Thoracic and Vascular Surgery Unit
1978	Camp Nurse, Camp Knutson, Brainerd MN HONORS and AWARDS
1980-1981	Julia Drake Morris Scholarship for graduate nursing studies University of Texas at Austin
1980-1981	Nursing Scholarship, University of Texas at Austin
1974-1978	University of Iowa Dean's List

SCHOLARSHIP

Publications

Non Peer Reviewed Papers (*data-based)

Grady, M. W.. 1986. Pain management for the terminally ill patient. *Nursing Administration Quarterly*. 10(3), 38-44. PMID: 3634947.

Reviews

Ackley, B. J., & Ladwig, G. B.. 2014. Nursing diagnosis handbook: An Evidence-based guide to planning care (10th ed.). Maryland Heights, MO: Mosby/Elsevier

Book Chapter

Grady, M.. 2017. Acute confusion., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (11th ed., pp. 236-243) St Louis, MO: Elsevier.

Grady, M.. 2017. Chronic confusion., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (11th ed., pp. 243-251) St Louis, MO: Elsevier.

Grady, M.. 2017. Deficient diversional activity., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (11th ed., pp. 343-348) St Louis, MO: Elsevier.

Grady, M.. 2014. Acute confusion., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (10th ed., pp. 225-230) Maryland Heights, MO: Mosby/Elsevier.

Grady, M.. 2014. Adult failure to thrive., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (10th ed., pp. 327-332) Maryland Heights, MO: Mosby/Elsevier.

Grady, M.. 2014. Chronic confusion., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (10th ed., pp. 230-238) Maryland Heights, MO: Mosby/Elsevier.

Grady, M.. 2014. Deficient diversional activity., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (10th ed., pp. 313-318) Maryland Heights, MO: Mosby/Elsevier.

Grady, M.. 2014. Functional incontinence., *Nursing diagnosis handbook: An Evidence-based guide to planning care*. (10th ed., pp. 451-455) Maryland Heights, MO: Mosby/Elsevier.

- Grady, M.. 2014. Stress urinary incontinence., *Nursing diagnosis handbook: An Evidence-based guide to planning care.* (10th ed., pp. 460-464) Maryland Heights, MO: Mosby/Elsevier.
- Grady, M.. 2014. Urge urinary incontinence., *Nursing diagnosis handbook: An Evidence-based guide to planning care.* (10th ed., pp. 464-469) Maryland Heights, MO: Mosby/Elsevier.

Research and Clinical Presentations

International

- Grady, M. (2010). *Exploring the invisible: Integrating spirituality into nursing education.* Spirituality: The invisible ingredient in health and healing, Vancouver, BC Canada.
- Grady, M. (2009). *Strategies to promote spiritual care competence in undergraduate nursing education.* Canadian Gerontological Nurse's Association Conference, Banff, Alberta Canada.

National

- Grady, M. (2009). *Strategies to promote spiritual care competence in higher education.* Aging with Passion and Purpose: Social and Spiritual Dimensions of Aging, University of Nebraska @ Omaha, Omaha, Nebraska.
- Grady, M. (2008). *Extraordinary care: Nurturing the spirit of older adults.* National Gerontological Nurse's Association Conference, Albuquerque, New Mexico.
- Grady, M. (2008). *The hidden dimension: Integrating spiritual care into a gerontological nursing practicum.* Joint Conference of the National Council on Aging and the American Society on Aging, Washington, District of Columbia.

Local

- Grady, M. (2015). *Nurturing the Spirit of Older Adults.* Gero Certification Course, UI CON Hartford Center, Iowa City, Iowa United States. Oral.
- Grady, M. (2010). *Let's Talk Seniors; Managing Medications.*, Walden Place, Iowa City, Iowa. Lecture.
- Grady, M. (2008). *Bringing faith to work: A conversation between two nursing faculty about faith, compassion and showing students how to recognize the spiritual dimension of their patients.* Geneva Campus Ministry Finding God at Iowa Series, Iowa City, Iowa.
- Grady, M. (2008). *Spiritual care of older adults.* Gerontological Practicum Students, Iowa City, Iowa. Lecture.
- Grady, M. (2008). *Assessment of client needs: Gordon's functional health patterns.* Inservice to Home Safe Nursing Assistants, Coralville, Iowa.

Professional Service/Memberships

2017 - Present	Catholic Medical Association: St Thomas Aquinas Guild of the Quad Cities
1984 - Present	Sigma Theta Tau
2007 - 2008	National Council on Aging
2007 - 2008	National Gerontological Nursing Association
1982 - 1983	Iowa Nutrition Council
1982 - 1983	American Nurse Association
1982 - 1983	Iowa Nurse Association

University Service

2014 - 2019	Campus Conversation Partner, Volunteer
2018	Prospective Faculty Interview, Member
2018	Prospective Faculty Interview, Member
2011	University of Iowa Critical MASS program, Faculty Mentor

Collegiate Service

2021	VA Hospital Collaboration for clinical site planning
2021	Development of Internship Site Descriptions document; attendance at Internship prep meeting for semester 3 students.
2021	Nomination of Faculty Member for Teaching Award, Instructional Track; solicitation of student feedback, Volunteered
2020	Participation in Virtual Pinning, Volunteered
2020	Peer Review of Teaching
2020	Iowa City Hospice Collaboration planning
2020	CCOM-Department Search Committee
2019 - Present	Orientation of New Faculty and Mentorship, Appointed and Volunteered
2019-Present	Practicum Preparation and Care Planning Subcommittee, Member, Appointed
2018-Present	Prospective Faculty Interviews, Volunteered
2015 - 2020	Welcome New Students and Parents, Volunteer
2013 - Present	CON - BSN Forum, Member

2015 - 2018	Faculty Mentor to Early Admission Pre-nursing students
2013 - 2016	BSN Admissions/Progression Subcommittee, Member
2015	Welcome New Students/Kickball Game, Volunteer
2009 - 2014	Young Gero Nurse Clinician, Faculty Mentor
2014	Welcome New Students/Kickball Game, Volunteer
2008 - 2013	CON Writing Group, Member
2012 - 2013	Marilyn Rantz Visit Planning Committee, Member
2010 - 2012	Annual Long Term Care Conference Planning Committee, Co-Chair
2009 - 2012	MSN Admission Committee, Member
2010	Advanced Case Management Course, Mentor
2009	Annual Long Term Care Conference Planning Committee, Member

Community Service

2021	A Lamp to My Feet: A Mini-Retreat for Women; Chair, St Patrick's Church, Iowa City, Iowa
2005 – Present	Scripture Study and Spiritual Fellowship, Iowa City, Iowa, Chair, Volunteered
2020	
2019	The Healing Mercy of the Divine Physician: A Women's Retreat, Chair (planned but cancelled due to COVID-19), Iowa City, Iowa
	Resting in the Father: A Women's Retreat on Contemplative Prayer, Chair, Iowa City, Iowa
2018	Bird House Visits
2017	New Melleray Abbey Lenten Retreat, Local Catholic Women, Dubuque, Iowa, Organizer
2016	New Melleray Abbey Advent Retreat, Local Catholic Women, Dubuque, Iowa, Organizer
2014 - 2015	Visits of Fr. Jacques Philippe to Iowa City Area, St. Patrick, St. Mary, St. Wenceslaus, Chair, Iowa City, Iowa,
2014	Advent Studies on Prayer, St Wenceslaus Church, Iowa City, Iowa, Chair
1993 – 2014	Free Lunch, Iowa City, Iowa, Volunteer
2013-present	Participation in pinning, Volunteer
2012 - 2013	UIHC Pastoral Care, Iowa City, Iowa, Eucharistic Minister
2013	Habitat for Humanity Women Build, Iowa City, Iowa, Volunteer for meals

2012 - 2013	Journey to the Heart Women's Conference, Iowa City, Iowa, Co-Chair
2012	HACAP, Iowa City, Iowa, volunteer for Christmas book and toy drive
2012	HACAP, Iowa City, Iowa, Volunteer for holiday project

Teaching

Instructional Activities

Spring 2021	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor Undergraduate. (13) NURS: 4155 Senior Nursing Internship. Primary Instructor. Undergraduate (12)
Spring/Fall 2020	NURS: 4155 Senior Nursing Internship. Primary Instructor. Undergraduate. (12) NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. Undergraduate. (12).
Spring/Fall 2019	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. Undergraduate. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. Undergraduate. (12).
Fall 2018	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. Undergraduate. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. Undergraduate. (12).
Spring 2018	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (12).
Fall 2017	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (10).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (11).

Spring 2017	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (9).
Fall 2016	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (12).
Spring 2016	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (11).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (15).
Fall 2015	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (13).
Spring 2015	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (12).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (13).
Fall 2014	NURS: 3625 Gerontological Nursing Practicum. Primary Instructor. (15).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (12).
Spring 2014	NURS: 3625 Adult/Gerontological Nursing Practicum. Team Teacher. (54).
	NURS: 3625 Adult/Gerontological Nursing Practicum. Primary Instructor. (14).
	NURS: 4155 Senior Nursing Internship. Primary Instructor. (12).
Fall 2013	NURS: 4050 Clinical Nursing Internship. Primary Instructor. (14).
Spring 2013	NURS: 3625 Adult/Gerontological Nursing Practicum. Team Teacher. (57).
	NURS: 3625 Adult/Gerontological Nursing Practicum. Primary Instructor. (11).

	NURS: 3625 Adult/Gerontological Nursing Practicum. Primary Instructor. (11).
Fall 2012	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (20).
Spring 2012	NURS: 4050 Clinical Nursing Internship. Primary Instructor. (13).
Fall 2011	NURS: 5660 Intensive Practicum II. Team Teacher. (32).
Spring 2011	NURS: 5690 Intensive Practicum III. Team Teacher. (37).
Fall 2010	NURS: 5660 Intensive Practicum II. Team Teacher. (38).
Spring 2010	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (4).
	NURS: 4050 Clinical Nursing Internship. Primary Instructor. (15).
Fall 2009	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (14).
Spring 2009	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (13).
Fall 2008	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (15).
Spring 2008	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (14).
Fall 2007	NURS: 3531 Gerontological Nursing Practicum. Primary Instructor. (14).

Students Mentored

Mentor

2015 - 2018	Lindsey, Monica - Undergraduate - Degree Objective: BSN.
2015 - 2018	Lockhart, Gabrielle - Undergraduate - Degree Objective: BSN.
2015 - 2018	Lorenc, Danielle - Undergraduate - Degree Objective: BSN.
2014 - 2018	Schmidt, Ashley - Undergraduate - Degree Objective: BSN.
2014 - 2018	Schoer, Emily - Undergraduate - Degree Objective: BSN.
2014 - 2018	Sims, Breanna - Undergraduate - Degree Objective: BSN.

2014 - 2018	Sinwelski, Katie - Undergraduate - Degree Objective: BSN.
2014 - 2018	Sourwine, Elly - Undergraduate - Degree Objective: BSN.
2014 - 2018	Steadman, Amanda - Degree Objective: BSN.
2014 - 2018	Stonis, Jessica - Degree Objective: BSN.
2014 - 2018	Teubert, Elizabeth - Degree Objective: BSN.
2014 - 2018	Turk, Margaret - Undergraduate - Degree Objective: BSN.
2014 - 2018	Van Antwerp, Michael - Undergraduate - Degree Objective: BSN.
2014 - 2018	Weis, Allison - Undergraduate - Degree Objective: BSN.
2014 - 2018	White, Rebecca - Undergraduate - Degree Objective: BSN.
2014 - 2018	Wilder, Jill - Undergraduate - Degree Objective: BSN.
2014 - 2018	Wilhelm, Margaret - Undergraduate - Degree Objective: BSN.
2014 – 2018	Wimmel, Charlotte - Undergraduate - Degree Objective: BSN.
Mentoring	
2020-Present	Faculty Mentorship for Senior Nursing Internship New Faculty, Appointed