

## CURRICULUM VITAE

Leslie R. Arends, DNP, ARNP, CPNP  
Clinical Assistant Professor  
374 College of Nursing Building  
The University of Iowa  
Iowa City, IA 52242  
Office 319-335-7102  
leslie-arends@uiowa.edu

## EDUCATION

Year	Degree	Institution and Location
2014	Doctor of Nursing Practice (Primary Care Pediatric Nurse Practitioner)	University of Iowa, Iowa City, IA
2009	Bachelor of Science in Nursing	University of Iowa, Iowa City, IA

## LICENSURE

Year	Source	License	Number
2014 – present	Iowa board of Nursing	Advance Registered Nurse Practitioner – Pediatric Primary Care	C124159
2009 – present	Iowa board of Nursing	Registered Nurse	124159

## CERTIFICATIONS

Year	Source	Type	Number
2014 – present	Pediatric Nursing Certification Board	Certified Pediatric Nurse Practitioner (CPNP)	20141698
2019 – present	American Heart Association	Basic Life Support	N/A

## PROFESSIONAL EXPERIENCE

### Academic Appointments

Year	Position	Institution/Location
2016 – Present	Clinical Assistant Professor	University of Iowa College of Nursing

10/20/21

Iowa City, IA

## Clinical Appointments

Year	Position	Institution/Location
2014 – 2016	Pediatric and Perinatal Palliative Care ARNP	UnityPoint at Home Urbandale, IA
2010 – 2014	Registered Nurse	UnityPoint Health Blank Children’s Hospital Des Moines, IA

## HONORS AND AWARDS

2019 Graduating Class of 2019 Faculty and Staff Recognition – nominated by students for making a positive difference in their lives during their education at the University of Iowa

## SCHOLARSHIP

### Publications

#### Journals

1. **Arends, L.**, Miller, J. (2021). Young nurse clinicians program: An action framework. *Nurse Educator*. [Unpublished manuscript].
2. Vignato, J. A., Gleason, N., **Arends, L.**, & Nicholson, A. (2020). Decreasing nursing student workload and stress: An innovative method to reform clinical assignments across the curriculum, *Nursing Education Perspectives*, 10.1097/01.NEP.0000000000000702. <https://doi.org/10.1097/01.NEP.0000000000000702>

#### Book

1. **Arends, L.** (2023). Expert reviewer. In Wagner, C.M., & Butcher, H.K. *Nursing Interventions Classification (8<sup>th</sup> ed.)*. [Unpublished manuscript].
  - a. revision of 18 NICs and created 10 new NICs

### Research and Clinical Presentations

#### National

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation: Nuts and Bolts for Nurse Educators Conference, NurseTim INC, Minneapolis, MN. (peer-reviewed, poster)

#### State/Regional

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation in Undergraduate Nursing Education, Innovations in Nursing Education Conference, Iowa Association of Colleges of Nursing, Des Moines, IA. (peer reviewed, podium presentation)

## **SERVICE**

### **Professional Service**

Iowa Association of Nurse Practitioners

2013 – present Member

2018 – present Continuing Education Conference Planning Committee, Member

National Association of Pediatric Nurse Practitioners

2013 – present Member

Blank Children's Hospital – UnityPoint Health Systems

2014 –2016 Pediatric Bereavement Committee, Member

### **University Service**

2020 Spring Interprofessional Education, Faculty Facilitator

### **Collegiate Service**

#### **Standing Committees**

2020 – present Interprofessional Education (IPE) Task Force, Co-chair

2019 – present BSN Admission/Progression Subcommittee, Member

2018 – present Practicum Preparation and Care Planning Subcommittee, Member

2018 – 2020 PNP Admissions/Progression Subcommittee, Member

2016 – present Scholarship Subcommittee, Member

#### **Other CON activities**

2018 – present, Semester 3 Teaching Team, Team lead, appointed

## **TEACHING**

### **Instructional Activities**

## **University of Iowa College of Nursing**

### **Fall 2021**

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for BSN and DNP programs  
OSAC-IPSI Interprofessional Skills and Team Based Healthcare 3, faculty coordinator for BSN and DNP programs

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

### **Spring 2021**

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor, BSN program, 8 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

### **Fall 2020**

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for DNP program

OSAC-IPSI Interprofessional Skills and Team Based Healthcare 3, faculty coordinator DNP program

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 3-4 students/section, 4 sections

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor for Pediatric Simulation, BSN program, 72 students

NURS 6828 DNP Project 3, Faculty, DNP program, 1 student

### **Spring 2020**

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS 6827 DNP Project 2, Faculty, DNP program, 1-2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

### **Fall 2019**

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS 6826 DNP Project 1, Faculty, DNP program, 1 student

### **Spring 2019**

NURS 6827 DNP Project 2, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

### **Fall 2018**

NURS 6826 DNP Project 1, Faculty, DNP program, 2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4099:4133 Spr19 Honors Independent Study Faculty advisor, BSN program, 1 student

### **Spring 2018**

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

**Fall 2017**

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

**Spring 2017**

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 8-10 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

**Fall 2016**

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 1-4 students

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

**Mentoring****University of Iowa Faculty Mentorship**

2021 – present Tessa Meisner

Spring 2021 Katrina Martin

2020 – present Alison Tesensky & Elyse Laures

2020 – 2021 Maja Campbell

2019 – 2020 Margaret Brimeyer

2018 – Present **Young Pediatric Nurse Clinician Program Director**

7-8 students/semester, appointed

**Advisement****BSN Honors Project**

2018 Madalyn Mauro, Creation of a Child Life Therapy Brochure, completed December 2018, faculty mentor

2017 Margaret Timm, Creation of an Adolescent Sexual and Reproductive Health Brochure, completed May 2017, faculty mentor

**DNP Project Committee**

Fall 2019 – Fall 2020

Tessa Meisner project completed 2021 faculty mentor

Fall 2018 – Spring 2019

Kelsey Mahoney faculty mentor

Spring 2017 – Spring 2018

Stacy Crill faculty mentor

Spring 2017

Jodi Bloxham

faculty mentor

Kristin Khoo

faculty mentor

Dean Smith

faculty mentor

Jenny Weber

project completed 2017

faculty mentor, committee member

Fall 2016 – Spring 2017

Stephanie Walk

project completed 2017

faculty mentor, committee member

Trang Duong

project completed 2017

faculty mentor, committee member

Katherine Scott

project completed 2017

faculty mentor, committee member

Seth Webb

project completed 2017

faculty mentor, committee member

Fall 2016

Brittany Pechous

project completed 2017

faculty mentor

Shelby Pelzer

project completed 2017

faculty mentor

Brittany Mitchell

faculty mentor

**Faculty Preceptor**

2021 Danielle Busta, MSN Nursing Student, Capella University, clinical preceptor

2020 Alison Givens, MSN Nursing student, University of Missouri, clinical preceptor