

Table 2. Seven NANDA-I, NIC, and NOC Linkages in Psychosocial Dimension

Domain 1. Health Promotion		
NANDA-I diagnosis: Risk-Prone Health Behavior (00188)		
Definition: Impaired ability to modify lifestyle and/or actions in a manner that improves level of wellness.		
Outcomes to measure resolution of the nursing diagnosis		
Health Orientation (1705)	Lifestyle Balance (2013)	Risk Control: Infectious Process (1924)
Outcomes to measure defining characteristics		
Acceptance: Health Status (1300)	Health Beliefs (1700)	Patient Engagement Behavior (1638)
Adherence Behavior (1600)	Health Beliefs: Perceived Threat (1704)	Participation in Health Care Decisions (1606)
Alcohol Abuse Cessation Behavior (1629)	Health Beliefs: Perceived Control (1702)	Personal Health Screening Behavior (1634)
Compliance Behavior (1601)	Health Promoting Behavior (1602)	Personal Safety Behavior (1911)
Drug Abuse Cessation Behavior (1630)	Health Seeking Behavior (1603)	Smoking Cessation Behavior (1625)
Outcomes associated with related factors		
Client Satisfaction: Technical Aspect of Care (3013)	Knowledge: Healthy Lifestyle (1855)	Social Support (1504)
Health Beliefs: Perceived Ability to Perform (1701)	Knowledge: Treatment Procedure (1814)	Stress Level (1212)
Knowledge: Health Behavior (1805)	Social Anxiety Level (1216)	
Outcomes linked to at-risk populations and associated conditions		
Financial Literacy Behavior (2014)	Health Beliefs: Perceived Resources (1703)	
Suggested nursing interventions for problem resolution		
Behavior Management (4350)	Learning Facilitation (5520)	Self-Responsibility Facilitation (4480)
Behavior Modification (4360)	Life Skills Enhancement (5326)	Smoking Cessation Assistance (4490)
Decision-Making Support (5250)	Risk Identification (6610)	Substance Use Treatment (4510)
Health Coaching (5305)	Self-Efficacy Enhancement (5395)	
Infection Protection (6550)	Self-Modification Assistance (4470)	
Domain 9. Coping/Stress Tolerance		
NANDA-I diagnosis: Anxiety (00146)		
Definition: Vague, uneasy feeling of discomfort or dread accompanied by an autonomic response (the source is often non-specific or unknown to the individual); a feeling of apprehension caused by anticipation of danger. It is an alerting sign that warns of impending danger and enables the individual to take measures to deal with that threat.		
Outcomes to measure resolution of the nursing diagnosis		
Anxiety Level (1211)	Anxiety Self-Control (1402)	
Outcomes to measure defining characteristics		
Agitation Level (1214)	Fatigue Level (0007)	Rest (0003)
Appetite (1014)	Gastrointestinal Function (1015)	Sleep (0004)
Bowel Elimination (0501)	Hyperactivity Level (0915)	Stress Level (1212)
Cognition (0900)	Information Processing (0907)	Urinary Elimination (0503)
Concentration (0905)	Memory (0908)	Vital Signs (0802)
Decision-Making (0906)	Nausea & Vomiting Severity (2107)	
Discomfort Level (2109)	Panic Level (1217)	

Outcomes associated with related factors		
Grief Resolution (1304)	Personal Well-Being (2002)	Self-Care Status (0313)
Health Beliefs: Perceived Threat (1704)	Psychosocial Adjustment: Life Change (1305)	Substance Addiction Consequences (1407)
Personal Health Status (2006)	Role Performance (1501)	
Outcomes associated with at-risk populations		
Acceptance: Health Status (1300)	Development: Young Adulthood (0123)	Social Support (1504)
Development: Late Adulthood (0121)	Family Health Status (2606)	
Development: Middle Adulthood (0122)	Social Interaction Skills (1502)	
Suggested nursing interventions for problem resolution		
Animal-Assisted Therapy (4320)	Counseling (5240)	Meditation Facilitation (5960)
Anxiety Reduction (5820)	Crisis Intervention (6160)	Relaxation Therapy (6040)
Behavior Management (4350)	Decision-Making Support (5250)	Telephone Consultation (8180)
Calming Technique (5880)	Emotional Support (5270)	
Coping Enhancement (5230)	Hope Inspiration (5310)	
Domain 9. Coping/Stress Tolerance		
NANDA-I diagnosis: Death Anxiety (00147)		
Definition: Vague, uneasy feeling of discomfort or dread generated by perceptions of a real or imagined threat to one's existence.		
Outcomes to measure resolution of the nursing diagnosis		
Anxiety Level (1211)	Anxiety Self-Control (1402)	
Outcomes to measure defining characteristics		
Comfort Status: Psychospiritual (2011)	Fear Level (1210)	Sleep (0004)
Coping (1302)	Fear Level: Child (1213)	Spiritual Health (2001)
Depression Level (1208)	Fear Self-Control (1404)	Stress Level (1212)
Depression Self-Control (1409)	Hope (1201)	
Discomfort Level (2109)	Rest (0003)	
Outcomes associated with related factors		
Comfort Status: Physical (2010)	Health Beliefs: Perceived Threat (1704)	Suffering Severity (2003)
Decision-Making (0906)	Pain Control (1605)	Symptom Severity (2103)
Dignified Life Closure (1307)	Pain: Disruptive Effects (2101)	
Outcomes linked to at-risk populations and associated conditions		
Acceptance: Health Status (1300)	Comfortable Death (2007)	Social Support (1504)
Suggested nursing interventions for problem resolution		
Anxiety Reduction (5820)	Decision-Making Support (5250)	Presence (5340)
Calming Technique (5880)	Emotional Support (5270)	Relaxation Therapy (6040)
Coping Enhancement (5230)	Hope Inspiration (5310)	Religious Ritual Enhancement (5424)
Counseling (5240)	Medication Management (2380)	Spiritual Support (5420)
Crisis Intervention (6160)	Mood Management (5330)	Support System Enhancement (5440)
Domain 9. Coping/Stress Tolerance		
NANDA-I diagnosis: Fear (00148)		

Definition: Response to perceived threat that is consciously recognized as a danger.

Outcomes to measure resolution of the nursing diagnosis

Fear Level (1210)

Fear Level: Child (1213)

Fear Self-Control (1404)

Outcomes to measure defining characteristics

Agitation Level (1214)

Discomfort Level (2109)

Panic Level (1217)

Anger Self-Restraint (1410)

Fatigue Level (0007)

Panic Self-Control (1412)

Cognition (0900)

Gastrointestinal Function (1015)

Stress Level (1212)

Concentration (0905)

Information Processing (0907)

Vital Signs (0802)

Outcomes associated with related factors

Coping (1302)

Psychosocial Adjustment: Life Change (1305)

Health Beliefs: Perceived Threat (1704)

Social Support (1504)

Outcomes linked to associated conditions

Neurological Status (0909)

Sensory Function (2405)

Suggested nursing interventions for problem resolution

Behavior Management (4350)

Crisis Intervention (6160)

Self-Awareness Enhancement (5390)

Calming Technique (5880)

Emotional Support (5270)

Vital Signs Monitoring (6680)

Coping Enhancement (5230)

Meditation Facilitation (5960)

Counseling (5240)

Relaxation Therapy (6040)

Domain 9. Coping/Stress Tolerance

NANDA-I diagnosis: Impaired Resilience (00210)

Definition: Decreased ability to recover from perceived adverse or changing situations, through a dynamic process of adaptation.

Outcomes to measure resolution of the nursing diagnoses

Personal Resiliency (1309)

Psychosocial Adjustment: Life Change (1305)

Outcomes to measure defining characteristics

Coping (1302)

Mood Equilibrium (1204)

Self-Awareness (1215)

Depression Level (1208)

Motivation (1209)

Self-Esteem (1205)

Guilt Resolution (1310)

Personal Health Status (2006)

Social Involvement (1503)

Hope (1201)

Role Performance (1501)

Outcomes associated with related factors

Acceptance: Health Status (1300)

Family Functioning (2602)

Risk Control: Infectious Process (1924)

Alcohol Abuse Cessation Behavior (1629)

Family Integrity (2603)

Self-Management: Infection (3118)

Caregiver-Patient Relationship (2204)

Family Social Climate (2601)

Smoking Cessation Behavior (1625)

Caregiver Stressors (2208)

Financial Literacy Behavior (2014)

Social Support (1504)

Decision-Making (0906)

Health Beliefs: Perceived Threat (1704)

Spiritual Health (2001)

Drug Abuse Cessation Behavior (1630)

Impulse Self-Control (1405)

Stress Level (1212)

Family Coping (2600)

Parenting Performance (2211)

Substance Addiction Consequences (1407)

Outcomes linked to at-risk populations and associated conditions

Anxiety Level (1211)

Panic Level (1217)

Self-Management: Diabetes (1619)

Family Health Status (2606) Family Support During Treatment (2609) Fear Level (1210)	Self-Management: Chronic Disease (3102) Self-Management: Chronic Obstructive Pulmonary Disease (3103)	Self-Management: Hypertension (3107)
Suggested nursing interventions for problem resolution		
Anticipatory Guidance (5210) Anxiety Reduction (5820) Behavior Management (4350) Coping Enhancement (5230) Counseling (5240) Crisis Intervention (6160) Culture Brokerage (7330) Decision-Making Support (5250)	Emotional Support (5270) Guilt Work Facilitation (5300) Hope Inspiration (5310) Life Skills Enhancement (5326) Mood Management (5330) Recreation Therapy (5360) Relaxation Therapy (6040) Resiliency Promotion (8340)	Role Enhancement (5370) Self-Esteem Enhancement (5400) Spiritual Support (5420) Substance Use Treatment (4510) Support Group (5430) Values Clarification (5480)
Domain 10. Life Principles		
NANDA-I diagnosis: Spiritual Distress (00053)		
Definition: A state of suffering related to the impaired ability to experience meaning in life through connections with self, others, the world, or a superior being.		
Outcomes to measure resolution of the nursing diagnosis		
Comfort: Psychospiritual (2011)	Spiritual Health (2001)	
Outcomes to measure defining characteristics		
Depression Level (1208) Coping (1302) Fatigue Level (0007) Guilt Resolution (1310)	Health Beliefs: Perceived Control (1702) Hope (1201) Mood Equilibrium (1204) Sleep (0004)	Social Involvement (1503) Social Support (1504)
Outcomes associated with related factors		
Comfort: Sociocultural (2012) Family Social Climate (2601) Psychosocial Adjustment: Life Change (1305)	Quality of Life (2000) Self-Esteem (1205) Stress Level (1212)	Will to Live (1206)
Outcomes linked to at-risk populations and associated conditions		
Acceptance: Health Status (1300) Comfortable Death (2007) Dignified Life Closure (1307)	Grief Resolution (1304) Personal Resiliency (1309) Personal Well-Being (2002)	Psychosocial Adjustment: Life Change (1305)
Suggested nursing interventions for problem resolution		
Active Listening (4920) Anticipatory Guidance (5210) Calming Technique (5880) Commendation (4364) Coping Enhancement (5320) Counseling (5240) Crisis Intervention (6160) Dying Care (5260)	Emotional Support (5270) Forgiveness Facilitation (5280) Grief Work Facilitation (5290) Guided Imagery (6000) Guilt Work Facilitation (5300) Hope Inspiration (5310) Music Therapy (4400) Religious Ritual Enhancement (5424)	Reminiscence Therapy (4860) Self-Esteem Enhancement (5400) Socialization Enhancement (5100) Spiritual Growth Facilitation (5426) Spiritual Support (5420) Support System Enhancement (5440) Values Clarification (5480)

Domain 12. Comfort		
NANDA-I diagnosis: Risk for Loneliness (00054)		
Definition: Susceptible to experiencing discomfort associated with a desire or need for more contact with others, which may compromise health.		
Outcome to assess and measure actual occurrence of the nursing diagnosis		
Loneliness Severity (1203)		
Outcomes associated with risk factors		
Comfort Status (2008)	Family Integrity (2603)	Personal Resiliency (1309)
Communication (0902)	Family Resiliency (2608)	Psychosocial Adjustment: Life Change (1305)
Communication: Expressive (0903)	Family Social Climate (2601)	Quality of Life (2000)
Communication: Receptive (0904)	Grief Resolution (1304)	Social Anxiety Level (1216)
Coping (1302)	Lifestyle Balance (2013)	Social Support (1504)
Family Coping (2600)	Mood Equilibrium (1204)	
Family Health Status (2606)	Motivation (1209)	
Suggested nursing interventions for problem resolution		
Activity Therapy (4310)	Distraction (5900)	Music Therapy (4400)
Animal-Assisted Therapy (4320)	Emotional Support (5270)	Presence (5340)
Behavior Modification: Social Skills (4362)	Family Integrity Promotion (7100)	Recreation Therapy (5360)
Consultation (7910)	Family Support (7140)	Socialization Enhancement (5100)
Coping Enhancement (5230)	Grief Work Facilitation (5290)	Support Group (5430)
Counseling (5240)	Meditation Facilitation (5960)	Support System Enhancement (5440)
Crisis Intervention (6160)	Mood Management (5330)	Telephone Consultation (8180)

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