

Cover: College of  
Nursing adds  
MSN-NSA Program



# A Message from the Dean

Dear Alumni and Friends of the College:

I am writing to you as I reflect on a beautiful fall afternoon and on a journey we continue to take together. We have celebrated Thanksgiving, our students have traveled to their homes and the winter holidays will arrive very soon. We continue to manage our education, research and service missions during this pandemic, acknowledging it has impacted us in ways we could not have imagined. During such a challenging time I want to applaud the adaptability and perseverance of our students, faculty and staff as we continue to carry on. We have worked hard to prepare nurses who will lead in their communities with the goal of improved health care.

Please join me in congratulating the December graduating class of 2020. During these unprecedented and historical times, we believe the hard work and achievements of our students should be celebrated. Graduates, as you take your next steps into a profession built on compassion, empathy, integrity and courage we congratulate you on your well-deserved success. You have made us proud.

Finally, I thank our phenomenal alumni, supporters and friends. You take what you learned here and put it to good use, making the world a better place and coming together in a time of crisis to support our students and communities. Now more than ever we cannot reach our goals and achieve success without you. Thank you!

Happy holidays and GO HAWKS!

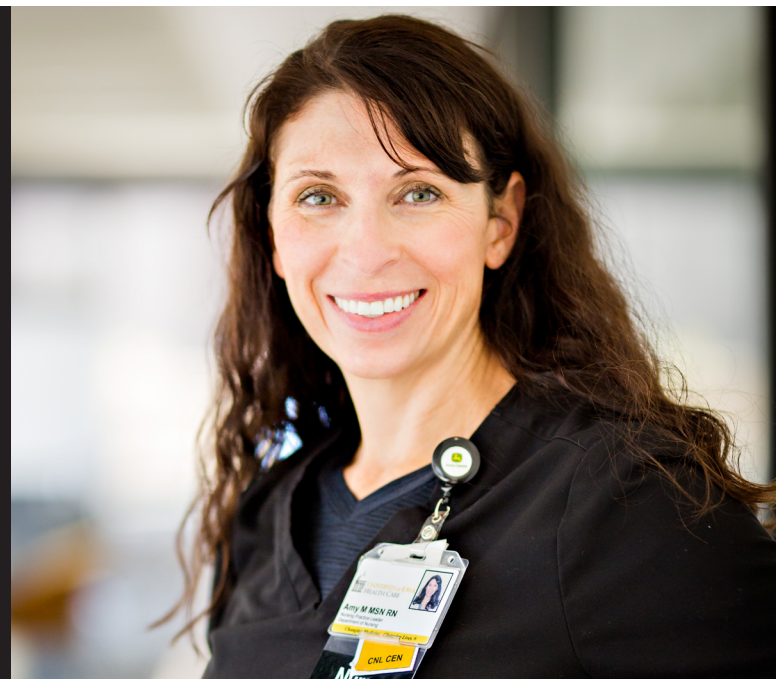
Find the 2019-2020 Annual Report at  
<https://nursing.uiowa.edu/about-us/annual-reports>



## College Adds MSN-NSA Program

The Master of Science in Nursing (MSN) Nursing Systems Administration (NSA) degree builds on the University of Iowa's legacy as a top-ranked program that prepares nurse leaders to serve in a variety of managerial and leadership capacities in all practice environments.

For more information, visit [nursing.uiowa.edu/academics/dnp/health-systems](https://nursing.uiowa.edu/academics/dnp/health-systems).



# 2020 Hawkeye Distinguished Veterans Award Recipients

By Jack Rossi | UI Office of Strategic Communication

College of Nursing faculty members Sue Moorhead and Ken Culp are among five University of Iowa alumni and faculty who served their country—from advising presidential administrations to caring for wounded soldiers during the Vietnam War—and were honored virtually with the 2020 Hawkeye Distinguished Veterans Award.

Criteria for the award include a strong university connection, having served honorably, military accomplishment, and service to the community.

More about the honorees:



**Sue Moorhead**, an associate professor of nursing and past director of the Center for Nursing Classification and Clinical Effectiveness at the University of Iowa College of Nursing, received her undergraduate degree from the University of Maryland while treating wounded soldiers from the Vietnam War at Walter Reed Army Hospital in Washington, D.C.

In 1972, Moorhead was commissioned a first lieutenant before moving to the reserves three years later in Iowa, where she served as the chief nurse of the 73rd Combat Support Hospital in Cedar Rapids, Iowa, and the chief nurse of the 830th Station Hospital in Des Moines. She retired from the Army Nurse Corps in 1996 after serving for 27 years.

**Kennith R. Culp**, an 11-year military service veteran, is a professor in the UI College of Nursing. Culp is working with an organization called Mission Mobility to help distribute wheelchairs to mountain village communities in Guatemala.

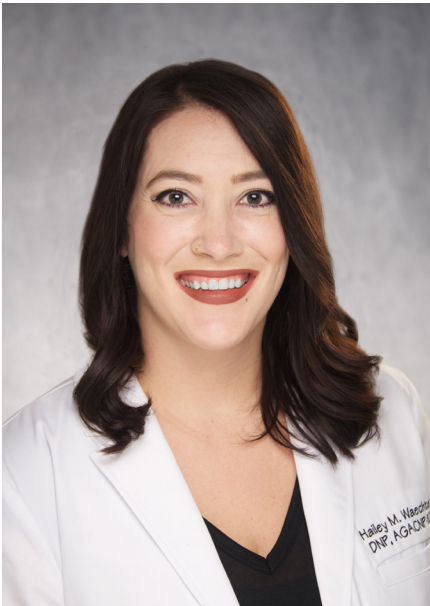
Culp enlisted in the Air Force in high school and was an active member from 1974 through 1978 before attending medic training at Sheppard Air Force Base in Wichita Falls, Texas.

While in the Iowa Army National Guard with the Iowa City 109th Medical Battalion Army Nurse Corps, he experienced reserve duty in several locations, including Bremerhaven, Germany.

During his service to the U.S. Navy, he was assigned to Camp Pendleton for officer candidacy school and completed active duty at the Marine Corps' Camp Lejeune near Jacksonville, North Carolina.



# DNP Alumna Bestowed with Prestigious Award from AACN



Doctor of Nursing Practice (DNP) alumna Hailey Waechter was named recipient of the 2020-2021 Excellence in Advancing Nursing Practice Award for her project titled “A Collaborative Approach to Weaning from Mechanical Ventilation.”

Presented by the American Association of Colleges of Nursing (AACN), this award recognizes a DNP project that demonstrates high-level mastery of an area of advanced nursing practice and focuses on the translation of evidence into practice.

“This award means much more to me than personal recognition. When I first started my DNP project, I did not have the confidence that I could make a difference,” said Dr. Waechter, an advanced registered nurse practitioner in the Cardiovascular Intensive Care Unit at University of Iowa Hospitals and Clinics. “My project ended up having great results and improved care for ICU patients who were weaning from mechanical ventilation. I feel that this award represents the value of NPs and the positive impact that NPs have on

quality outcomes and improvement of care processes.”

The purpose of Dr. Waechter’s evidence-based quality improvement project was to decrease the duration mechanical ventilation (MV) by implementing a registered nurse- and respiratory therapist-driven spontaneous awakening trial and spontaneous breathing trial protocol with intubated adults in a general ICU. Prior to the project, providers (MDs) used no standardized protocol to evaluate patient readiness for liberation from MV.

“This project allowed me to identify a real problem that was a barrier to optimal patient outcomes,” explained the Hartley, Iowa, native. “I used a myriad of communication and collaboration strategies to drive behavioral changes.”

This collaborative effort included working with physicians, nurses, respiratory therapists, managers and administrators, information technology specialists, quality improvement coordinators, nurse researchers, statisticians, and even finance officers to create a vision of better care.

“Hailey’s project brought together an array of health care professionals in an effort to reduce the duration of mechanical ventilation and length of stay for mechanically ventilated adult ICU patients. In doing so, this saved the hospital \$400,000,” said Professor Julie Stanik-Hutt, director of the AG-ACNP program. “She is a leading exemplar of what a DNP is all about!”

Dr. Waechter graduated from the college’s first DNP cohort of Adult/Gerontology Acute Care Nurse Practitioner students. She decided to focus on the adult/geriatric population because of her passion for improving the care of hospitalized elders.

“A simple hospitalization for an elder can lead to drastically decreased level of function and loss of independence,” she said. “It is my goal to improve the quality of care of this population by improving provider and family awareness, providing education, implementing EBP at the bedside, and pioneering measures to prevent functional decline.”

# Home Sweet Home

Jerold Dock (BSME '53) may now live in Washington state, but his heart is still in Iowa.

When the University of Iowa College of Nursing kicked off its 35,377-square-foot facility renovation project in 2017, Jerold wanted to support the enhancements, as well as support his alma mater, the UI College of Engineering. Jerold and his wife, Jacqueline Dock, who grew up in Northwest Iowa, decided to support both colleges by gifting their home in Steilacoom, Washington.

By creating a retained life estate, the Docks were able to transfer ownership of their home to the University of Iowa but retain lifetime use. It's a win-win for the Docks. They not only receive an income tax deduction that they can use immediately, but they retain control over their home as long as either one is still living. Had the Docks simply left the house to the university in their will, they would not have benefitted from a significant income tax deduction during their lifetimes.

“This seemed like an ideal way for us to give, as we have no children,” said Jerold. “We didn’t want to burden our relatives with selling a house after we’re gone. This way, our family does not have to deal with a real estate agent and selling a house.”

Jerold became interested in supporting the UI College of Nursing because his sister, Jane Dock, was a bedside nurse and provided diabetes education at Mercy Medical Center in Cedar Rapids, Iowa, for more than 20 years. She was promoted to a supervisor before moving to Nashville, Tennessee, to complete her nursing career.

Jerold made his first gift to the UI College of Nursing in 2016 when he named a space within the Nursing Clinical Education Center—which is located on the fourth floor of the General Hospital at University of Iowa Hospitals & Clinics—in honor of his late sister. The Patraella Jane Dock Patient Simulation Room is one of 11 clinical simulation labs used to train health care staff and students in providing safe, effective, and compassionate care.

“Her whole life was nursing,” said Jerold, who grew up in Cedar Rapids. “And I thought she deserved to be recognized.”

*Learn how you can make a difference by going to our planned giving website or by contacting Dayna Ballantyne, director of development, at [dayna.ballantyne@foriowa.org](mailto:dayna.ballantyne@foriowa.org) or 319-467-3727.*



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to. Send us your name, year of  
graduation, address, email and  
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